

ACE RIVER RACES
AQUATIC CLUB OF ELKHORN
OCTOBER 3-4, 2009

- SANCTIONED BY:** Held under the Sanction of USA Swimming and Midwestern Swimming, Inc.
Sanction #: MWS09026
- LOCATION:** Elkhorn's Common Ground, 1701 Veterans Drive, Elkhorn, NE.
Just North of Dodge on Hwy 31, turn right onto Veterans Drive. Follow the curve past the high school. ECG will be on your right after the four-way stop.
- POOL:** Pool is eight lanes with anti-wave lane lines and Colorado timing system with eight lane readout scoreboard. Starting end with blocks is 12'6" deep. 25 yard events will start from blocks in the deep end. Spectator seating is for 400. No glass bottles allowed in the facility.
Pool has not been certified in accordance with 104.2.2C(4)
- FACILITY:** ACE and the Common Ground staff reserve the right to remove from the premises any individual who might jeopardize safety and facility privileges.
- SCHEDULE:** Saturday and Sunday, October 3 & 4
AM Session (11&O/Open) Warm-up 7:00am Meet starts 8:00 am
PM Session (10 &U) Warm-up 12:30pm Meet starts 1:30 pm
Note: Warm-ups will not start before the posted warm-up times and will be at least 50 minutes in length.
- MEET DIRECTOR:** Chris Jenson Email: clubdirector@aceotters.com
PO Box 422
Elkhorn, NE 68022
402-616-1465
- OFFICIALS:** Meet Referee: Gary Kuhn
Meet Marshal: Russ Bowen
- MEET FORMAT:** Timed Final Age Group Meet
- DISABILITY SWIMMERS:** Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the Deck Referee of any disability prior to competition.
- RULES:** Current USA Swimming and Midwestern Rules will apply.
- CREDENTIALS:**
- Presentation of coach's membership card will be required at coach sign-in. Credentials shall be visible at all times.
 - In accordance with MWS Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- ELIGIBILITY:**
- All swimmers, coaches and clubs must be currently registered with USA Swimming.
 - The age of the swimmer on October 3, 2009, determines his/her age for the entire meet.
 - Late entries and deck entries will require proof of USA Swimming registration.
- EVENT LIMITS:**
- A swimmer may participate in a maximum of 4 individual events and 1 relay per day.
 - Entries will be limited to the first 400 swimmers or all entries received before the projected meet time line runs over four hours for any session, whichever is less.
 - No teams will be split. Teams will be notified immediately if entries cannot be accepted.
- ENTRY FEES:** \$2.00 per individual event
\$5.00 per relay
\$5.00 per swimmer – Midwestern Swimming Splash Fee
No Refunds.
- ENTRY PROCEDURE:**
- Entries may be submitted either in electronic format (Hy-Tek meet entry file with hard copy) or on a Meet Entry Form with payment attached.
 - Event file will be available on the Midwestern website (www.mwswim.org).

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- Teams emailing entries must pay for all entries at or before the first meet session. Teams are responsible for ensuring our receipt of entries by email. Please ask for a confirmation email.
- Make checks payable to ACE.

DEADLINE:

- **Friday, September 25, 2009.**
- Late entries will be accepted at the discretion of the Entry Chair and will be charged double.
- Late and deck entries (with proof of USA Swimming registration) will be accepted only to fill open lanes. No new heats will be created.

MAIL ENTRIES TO:

Chris Jenson **Email:** clubdirector@aceotters.com **Phone:** 402-616-1465
PO Box 422
Elkhorn, NE 68022

MEET CONDUCT:

- Meet will be pre-seeded.
- All events are timed finals.
- Fly-over starts may be used.
- The 1650 free will be swum fastest to slowest, alternating girls and boys.
- Positive check-in required for 1650 free and 500 free. Swimmers who do not check-in will be deleted from these events. These events will be deck-seeded. Heats may be combined and swimmers may have to swim two to a lane.
- 1650 and 500 swimmers participating in these events must provide a timer and a lap counter.
- Due to time constraints, the 1650 and 500 events may be limited to the fastest 48 swimmers.
- Teams will be notified if we cannot accept anymore swimmers in the 1650 and 500 events.
- MWS Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
- Warm-up lane assignments will be distributed at the start of warm-ups.
- The pool will be cleared 10 minutes prior to the start of the meet.

WARM-UP

PROCEDURES:

- MWS Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
- Warm-up lane assignments will be distributed at the start of warm-ups.
- The pool will be cleared 10 minutes prior to the start of the meet.

TEAM SUPERVISION:

- Each team must provide an adult with non-athlete USA Swimming card to supervise the swimmers in the team area at all times.
- Only registered coaches, swimmers, officials, and adult supervisors (acting in a non-coaching/supervisory capacity within the team area) with non-athlete USA Swimming cards will be allowed on deck.

SCORING:

- No team or individual score will be kept.
- 10 and under will be placed 9-10 and 8 & under.
- 11 and over events will be placed 11-12, 13-14 and 15 & over

AWARDS:

- Individual: Medals 1-3, Ribbons 4-8
- Relay: Medals 1-3
- Awards to coaches at conclusion of meet.

MEET RESULTS:

- Meet results via results file or backup will be available at the conclusion of the meet. Please provide own media.
- Meet results will be emailed to participating clubs at the same email address included in the entries unless otherwise requested.
- Results will be mailed *if requested* to attending clubs within 10 days after the meet.
- Results will be posted on the Midwestern web site (www.mwswim.org) and the host team's site (www.aceotters.com).

CONCESSIONS:

- Concessions will be available.
- Swim apparel and supplies will be available for purchase.

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SATURDAY, OCTOBER 3, 2009

WARM-UP: 7:00 AM

MEET STARTS: 8:00 AM

WOMEN	AGE	DISTANCE	EVENT	MEN
1	11 & O	400	Free Relay	2
3	11-12	100	Individual Medley	4
5	11 & O	400	Individual Medley	6
7	11 & O	100	Breaststroke	8
9	11 & O	200	Freestyle	10
11	11 & O	100	Backstroke	12
13	11 -12	50	Butterfly	14
15	11 & O	200	Backstroke	16
17	11 & O	50	Freestyle	18
19	11 & O	100	Butterfly	20
21	11 & O	200	Medley Relay	22
23	Open	1650	Freestyle	24

SATURDAY, OCTOBER 3, 2009

WARM-UP: 12:30PM

MEET STARTS: 1:30PM

WOMEN	AGE	DISTANCE	EVENT	MEN
25	10 & U	50	Freestyle	26
27	10 & U	50	Butterfly	28
29	10 & U	100	Ind. Medley	30
31	9-10	100	Backstroke	32
33	8 & U	25	Backstroke	34
35	9-10	100	Breaststroke	36
37	8 & U	25	Breaststroke	38
39	9-10	200	Freestyle	40
41	10 & U	200	Medley Relay	42

SUNDAY, OCTOBER 4, 2009

WARM-UP: 7:00AM

MEET STARTS: 8:00AM

WOMEN	AGE	DISTANCE	EVENT	MEN
43	11 & O	200	Free Relay	44
45	11 & O	200	Individual Medley	46
47	11 & O	200	Breaststroke	48
49	11-12	50	Backstroke	50
51	11 & O	100	Freestyle	52
53	11 & O	200	Butterfly	54
55	11-12	50	Breaststroke	56
57	11 & O	200	Backstroke	58
59	11 & O	400	Medley Relay	60
61	11 & O	500	Freestyle	62

SUNDAY, OCTOBER 4, 2009

WARM-UP: 12:30PM

MEET STARTS: 1:30PM

WOMEN	AGE	DISTANCE	EVENT	MEN
63	10 & U	50	Breaststroke	64
65	8 & U	25	Butterfly	66
67	10 & U	50	Backstroke	68
69	10 & U	100	Freestyle	70
71	8 & U	25	Freestyle	72
73	10 & U	200	Ind. Medley	74
75	10 & U	200	Free Relay	76
77	10 & U	500	Freestyle	78