

Monarch Swimming Gold and Silver November Classic

November 3-4, 2007

- SANCTION:** Held under the Sanction of USA Swimming and Midwestern Swimming.
Sanction #: MWS07035
- LOCATION:** Papillion-LaVista High School
402 Centennial Rd
Papillion, NE 68046
- FACILITY:** Indoor six-lane pool with warm-down area, starting blocks in 12'6" depth, Daktronics timing system with touch pads, six-lane scoreboard, and competitor lane ropes, including ropes on the outsides of Lanes 1 and 6. All events will start from 12'6" depth.
MS reserves the right to remove from the premises any individual who might jeopardize safety and facility privileges.
- STARTING TIMES:**
- | | | |
|--------------------|-------------------|---------------------|
| Saturday afternoon | Warm-ups 12:45 PM | Meet starts 1:30 PM |
| Sunday morning | Warm-ups 7:00 AM | Meet starts 8:00 AM |
| Sunday afternoon | Warm-ups 12:30 PM | Meet starts 1:30 PM |
- Teams will be notified if morning session can start later.
- MEET DIRECTOR:** Lynn Weaver
402 Shannon Rd
Papillion NE 68046
Phone: (402) 898-0400
lweaver@paplv.esu3.org
- RULES:** Current USA Swimming and MWS rules will apply.
- ELIGIBILITY:** All swimmers, coaches and clubs must be currently registered with USA Swimming. The age of the swimmer on November 3, 2007, determines his/her age group for the entire meet. **Please use swimmers' fastest achieved times.** Failure to do so may result in swimmer being dismissed from the remainder of the meet.
- CREDENTIALS:** Presentation of coach's membership card will be required at coach sign-in. Credentials shall be visible at all times.
- EVENT LIMITS:** Swimmers may enter a maximum of 4 individual events per day. No Exhibition Swimming. Due to timeline constraints, entries in the 500 Free may be limited to **the first 24 male and first 24 female entries received.** Once the limit has been reached, teams will be notified if we cannot accept any more swimmers in the 500 Free.
- ENTRY FEES:**
- | | |
|-------------------------|--|
| Individual | \$2.00 per event |
| Deck entries | \$4.00 per event, into open lanes only |
| Midwestern Swimming fee | \$4.00 per swimmer |
- No Refunds.**
- ENTRY PROCEDURES:** **Entries in electronic format are appreciated!** Entries may be submitted either in electronic format (HyTek Commlink II file and hard copy) or on a Midwestern Meet Entry Form. Entry times must be entered in yards. A check for the total, payable to Monarch Swimming, must accompany mailed entries. Teams may e-mail entries to meetentries@monarchswimming.com using a HyTek Commlink II file. Teams e-mailing entries must pay for all entries at or before the first meet session. Teams are responsible for ensuring our receipt of entries by e-mail. Please ask for confirmation e-mail.

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- DEADLINE:** **Entries must be received by Friday, October 26, 2007.** After the deadline only deck entries will be accepted if there are empty lanes in pre-seeded heats. New heats will not be created for deck entries. Deck entry fees will be \$4.00 per event and swimmers must show proof of USA Swimming registration if not already entered in meet.
The meet will be limited to the first 400 swimmers or all entries received before the projected meet time line runs over four hours for any session, whichever is less. Teams will not be split. No exhibition swimming. Notification will be made immediately if entries cannot be accepted.
- MAIL ENTRIES TO:** Monarch Swimming Inc.
 Attn: Gary Krysl
 PO Box 461155
 Papillion, NE 68046
 (402) 734-6596
 E-mail: meetentries@monarchswimming.com
- CONDUCT OF MEET:** All events are pre-seeded timed finals. Flyover starts may be used. Positive check-in will be required for the 500 Free and that event will be deck-seeded. Coaches please report scratches if possible.
- AWARDS:** Gold (BB+): Individual medals for places 1-3 and ribbons for places 4-6.
 Silver (B-): Ribbons for places 1-6.
 (15-16 time standards will be used for the open events)
 Swimmers will be designated as Gold or Silver based on entry times. Awards will be distributed to coaches at the conclusion of the meet.
- SCORING:** No team scores will be kept.
- OFFICIALS:** Referee: David Conklin
 Safety Marshall: Peggy Roberts
- WARM-UP
PROCEDURE:** Teams will be assigned lanes for the first 30 minutes, lap swimming only. **Sit and slide or one hand on wall entry must be used.** The last 20 minutes Lanes 1, 2, 5, 6 will have one-direction sprinting only. Lanes 3 and 4 will have general warm-up. The pool will be cleared 10 minutes prior to the start of the meet. No warm-up behind the bulkhead. Warm-down will be available behind the bulkhead. The warm-down area is approximately 13 yards by two lanes and will be supervised.
- TEAM SUPERVISION:** Each team must provide an adult with a current non-athlete USA Swimming card to supervise swimmers in the team area at all times. Only USA Swimming registered coaches, swimmers, officials and adult supervisors will be allowed on deck. Please bring your USA Swimming card. We will have monitors at the deck access doors.
- MEET RESULTS:** Results will be available on disk at the meet and will be mailed to the address indicated on the entry roster within 10 days after the meet if requested. Final results will be posted at www.mwswim.org .
- CONCESSIONS:** Action Accents will be at the meet selling swim merchandise. A full line of food will be available. Complimentary lunches will be provided for officials and coaches between the morning and afternoon sessions on Sunday.

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Saturday PM Session	Warm-ups 12:45 PM	Meet starts 1:30 PM
Girls		Boys
Event #	Event	Event #
1	Open 50 Free	2
3	Open 200 Breast	4
5	Open 100 Fly	6
7	Open 200 IM	8
9	Open 100 Back	10
11	Open 200 Free	12

Sunday AM Session	Warm-ups 7:00 AM	Meet starts 8:00 AM
Girls		Boys
Event #	Event	Event #
13	Open 500 Free	14
15	11-12 50 Free	16
17	Open 200 Fly	18
19	11-12 50 Fly	20
21	Open 100 Breast	22
23	11-12 50 Breast	24
25	Open 200 Back	26
27	11-12 50 Back	28
29	Open 100 Free	30
31	11-12 100 I.M.	32
33	Open 400 I.M.	34

Sunday PM Session	Warm-ups 12:30 PM	Meet starts 1:30 PM
Girls		Boys
Event #	Event	Event #
35	10 & U 50 Free	36
37	8 & U 25 Free	38
39	10 & U 50 Fly	40
41	8 & U 25 Fly	42
43	10 & U 50 Back	44
45	8 & U 25 Back	46
47	10 & U 50 Breast	48
49	8 & U 25 Breast	50
51	9-10 100 I.M.	52
53	8 & U 100 I.M.	54