

## Midwestern 8 & U Time Standards

### Short Course Yards

| MW | Girls   |         |         |                | Boys    |         |         | MW |
|----|---------|---------|---------|----------------|---------|---------|---------|----|
|    | B       | BB      | A       |                | A       | BB      | B       |    |
|    | 22.39   | 20.19   | 18.09   | 25 Free        | 17.69   | 19.79   | 21.69   |    |
|    | 49.29   | 44.49   | 39.79   | 50 Free        | 38.89   | 44.39   | 47.79   |    |
|    | 1:52.19 | 1:40.89 | 1:28.49 | 100 Free       | 1:26.39 | 1:37.59 | 1:49.79 |    |
|    | 27.79   | 24.79   | 21.69   | 25 Back        | 21.59   | 24.69   | 27.79   |    |
|    | 1:01.09 | 54.39   | 47.69   | 50 Back        | 47.49   | 54.29   | 1:00.99 |    |
|    | 30.49   | 27.19   | 23.89   | 25 Breast      | 23.59   | 26.69   | 29.89   |    |
|    | 1:06.99 | 59.79   | 52.59   | 50 Breast      | 51.89   | 58.79   | 1:05.79 |    |
|    | 27.09   | 23.89   | 20.69   | 25 Butterfly   | 20.39   | 23.29   | 26.19   |    |
|    | 59.79   | 52.49   | 45.49   | 50 Butterfly   | 44.79   | 51.29   | 57.69   |    |
|    | 2:09.49 | 1:55.69 | 1:41.89 | 100 Ind Medley | 1:40.19 | 1:52.59 | 2:05.19 |    |

### Long Course Meters

| MW      | Girls   |         |         |                | Boys    |         |         | MW      |
|---------|---------|---------|---------|----------------|---------|---------|---------|---------|
|         | B       | BB      | A       |                | A       | BB      | B       |         |
| 54.79   | 55.29   | 49.89   | 44.49   | 50 Free        | 44.29   | 49.29   | 54.29   | 54.29   |
| 2:06.79 | 2:06.89 | 1:53.49 | 1:39.89 | 100 Free       | 1:38.29 | 1:52.19 | 2:03.99 | 2:03.99 |
| 01:06.6 | 1:09.29 | 1:01.59 | 54.09   | 50 Back        | 54.09   | 1:01.79 | 1:09.39 | 1:09.39 |
| 1:16.29 | 1:16.29 | 1:07.99 | 59.79   | 50 Breast      | 59.39   | 1:07.49 | 1:15.49 | 1:15.49 |
| 1:07.49 | 1:07.49 | 59.49   | 51.49   | 50 Butterfly   | 49.99   | 57.39   | 1:04.59 | 1:04.59 |
| 5:11.69 | 5:11.69 | 4:38.99 | 4:06.29 | 200 Ind Medley | 4:02.69 | 4:34.29 | 5:05.89 | 5:05.89 |

Midwestern recognizes the A, BB, B times for the purposes of Top 8 awards and motivational purposes. No 8 & U swimmer will be eliminated from any meet other than the MW Short Course and Long Course Championships by the use of these times.

2009