



2025 14 & Under Midwest All Star Championships

Wellmark YMCA Des Moines, IA

Saturday, January 11th, 2025

Sanction #: IA-25-026

Morning Session 1

Clear Pool	08:50 AM	_____
Teams Assemble	08:50 AM	_____
Parade of Champions	08:55 AM	_____
National Anthem	09:10 AM	_____

	Event	Entries	Heats	Starts at	
1	Girls 10 & Under 200 Freestyle	27	3	09:20 AM	_____
2	Boys 10 & Under 200 Freestyle	24	3	09:30 AM	_____
3	Girls 11-12 200 Freestyle	32	4	09:39 AM	_____
4	Boys 11-12 200 Freestyle	29	3	09:50 AM	_____
5	Girls 13-14 200 Freestyle	43	5	09:58 AM	_____
6	Boys 13-14 200 Freestyle	36	4	10:10 AM	_____
	Awards Events 1 - 6				
7	Girls 10 & Under 100 Breaststroke	23	3	10:26 AM	_____
8	Boys 10 & Under 100 Breaststroke	28	3	10:32 AM	_____
9	Girls 11-12 100 Breaststroke	35	4	10:38 AM	_____
10	Boys 11-12 100 Breaststroke	32	4	10:45 AM	_____
11	Girls 13-14 200 Breaststroke	25	3	10:51 AM	_____
12	Boys 13-14 200 Breaststroke	21	3	11:01 AM	_____
	Awards Events 7 - 12				
13	Girls 10 & Under 50 Butterfly	35	4	11:15 AM	_____
14	Boys 10 & Under 50 Butterfly	30	3	11:19 AM	_____
15	Girls 11-12 50 Butterfly	39	4	11:23 AM	_____
16	Boys 11-12 50 Butterfly	40	4	11:26 AM	_____
17	Girls 13-14 100 Butterfly	32	4	11:30 AM	_____
18	Boys 13-14 100 Butterfly	30	3	11:35 AM	_____
	Awards Events 13 - 18				
19	Girls 10 & Under 100 Backstroke	35	4	11:45 AM	_____
20	Boys 10 & Under 100 Backstroke	25	3	11:54 AM	_____
21	Girls 11-12 100 Backstroke	37	4	12:01 PM	_____
22	Boys 11-12 100 Backstroke	30	3	12:08 PM	_____
23	Girls 13-14 200 Backstroke	28	3	12:14 PM	_____
24	Boys 13-14 200 Backstroke	30	3	12:23 PM	_____
	Awards Events 19 - 24				
25	Girls 10 & Under 200 Medley Relay	15	2	12:37 PM	_____
26	Boys 10 & Under 200 Medley Relay	14	2	12:44 PM	_____
27	Girls 11-12 200 Medley Relay	18	2	12:51 PM	_____
28	Boys 11-12 200 Medley Relay	17	2	12:57 PM	_____
29	Girls 13-14 400 Medley Relay	16	2	01:03 PM	_____
30	Boys 13-14 400 Medley Relay	15	2	01:13 PM	_____
	Swimmers Counts for Warm-ups: 390	=====	=====		
	Entry / Heat Totals:	841	96		
	Finish Time			01:22 PM	_____





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Afternoon Session 2

Clear Pool

05:20 PM

	Event	Entries	Heats	Starts at	
31	Girls 11-12 500 Freestyle	26	3	05:30 PM	_____
32	Boys 11-12 500 Freestyle	30	3	05:50 PM	_____
	Awards Events 21, 32				
33	Girls 10 & Under 100 IM	48	5	06:12 PM	_____
34	Boys 10 & Under 100 IM	32	4	06:21 PM	_____
35	Girls 11-12 100 IM	39	4	06:29 PM	_____
36	Boys 11-12 100 IM	31	4	06:35 PM	_____
37	Girls 13-14 200 IM	38	4	06:41 PM	_____
38	Boys 13-14 200 IM	38	4	06:52 PM	_____
	Awards Events 33 -38				
39	Girls 10 & Under 50 Backstroke	40	4	07:08 PM	_____
40	Boys 10 & Under 50 Backstroke	41	5	07:14 PM	_____
41	Girls 11-12 50 Backstroke	30	3	07:22 PM	_____
42	Boys 11-12 50 Backstroke	29	3	07:26 PM	_____
43	Girls 13-14 100 Backstroke	32	4	07:29 PM	_____
44	Boys 13-14 100 Backstroke	29	3	07:37 PM	_____
	Awards Events 39 - 44				
45	Girls 10 & Under 50 Freestyle	36	4	07:48 PM	_____
46	Boys 10 & Under 50 Freestyle	36	4	07:52 PM	_____
47	Girls 11-12 50 Freestyle	48	5	07:56 PM	_____
48	Boys 11-12 50 Freestyle	41	5	08:00 PM	_____
49	Girls 13-14 50 Freestyle	34	4	08:04 PM	_____
50	Boys 13-14 50 Freestyle	30	3	08:07 PM	_____
	Awards Events 45 - 50				
51	Girls 13-14 500 Freestyle	30	3	08:16 PM	_____
52	Boys 13-14 500 Freestyle	24	3	08:34 PM	_____
	Awards Events 51, 52				
	Swimmers Counts for Warm-ups: 389	=====	=====		
	Entry / Heat Totals:	762	84		
	Finish Time			08:54 PM	_____





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Sunday, January 12th, 2025

Sanction #:IA-25-026

Morning Session 3

Clear Pool	08:50 AM	_____
National Anthem	08:55 AM	_____

	Event	Entries	Heats	Starts at	
53	Girls 10 & Under 200 IM	23	3	09:00 AM	_____
54	Boys 10 & Under 200 IM	25	3	09:11 AM	_____
55	Girls 11-12 200 IM	39	4	09:22 AM	_____
56	Boys 11-12 200 IM	35	4	09:33 AM	_____
57	Girls 13-14 400 IM	33	4	09:45 AM	_____
58	Boys 13-14 400 IM	31	4	10:07 AM	_____
	Awards Events 53 - 58				
59	Girls 10 & Under 100 Freestyle	40	4	10:34 AM	_____
60	Boys 10 & Under 100 Freestyle	36	4	10:41 AM	_____
61	Girls 11-12 100 Freestyle	44	5	10:48 AM	_____
62	Boys 11-12 100 Freestyle	40	4	10:55 AM	_____
63	Girls 13-14 100 Freestyle	40	4	11:00 AM	_____
64	Boys 13-14 100 Freestyle	37	4	11:05 AM	_____
	Awards Events 59 - 64				
65	Girls 10 & Under 50 Breaststroke	29	3	11:16 AM	_____
66	Boys 10 & Under 50 Breaststroke	27	3	11:20 AM	_____
67	Girls 11-12 50 Breaststroke	31	4	11:23 AM	_____
68	Boys 11-12 50 Breaststroke	29	3	11:27 AM	_____
69	Girls 13-14 100 Breaststroke	30	3	11:30 AM	_____
70	Boys 13-14 100 Breaststroke	25	3	11:35 AM	_____
	Awards Events 65 - 70				
71	Girls 10 & Under 100 Butterfly	24	3	11:45 AM	_____
72	Boys 10 & Under 100 Butterfly	22	3	11:51 AM	_____
73	Girls 11-12 100 Butterfly	29	3	11:57 AM	_____
74	Boys 11-12 100 Butterfly	24	3	12:01 PM	_____
75	Girls 13-14 200 Butterfly	23	3	12:06 PM	_____
76	Boys 13-14 200 Butterfly	20	2	12:14 PM	_____
	Awards Events 71 - 76				
77	Girls 10 & Under 200 Freestyle Relay	15	2	12:25 PM	_____
78	Boys 10 & Under 200 Freestyle Relay	14	2	12:31 PM	_____
79	Girls 11-12 200 Freestyle Relay	18	2	12:37 PM	_____
80	Boys 11-12 200 Freestyle Relay	17	2	12:41 PM	_____
81	Girls 13-14 400 Freestyle Relay	16	2	12:46 PM	_____
82	Boys 13-14 400 Freestyle Relay	14	2	12:54 PM	_____
	Awards High Point				
	Swimmers Counts for Warm-ups: 388	=====	=====		
	Entry / Heat Totals:	830	95		
	Finish Time			01:13 PM	_____

