

Midwestern Awards – 2011-2012

Coach of the Year: Tom Beck

Age Group Coach of the Year: Eric Samson

Zone Coach 2012: Erik Wiken **Allstar Coach 2012:** Alissa Hein Bumgardner

Hall of Fame:

Lisa Arent Straits

Roddy Kirschenman

Midwestern Record Breakers – 2011-2012

Short Course 2011-2012

8 & U	Kate Dilsaver	25 free	GNST
8 & U	Kate Dilsaver	25 breast	GNST
8 & U	Kate Dilsaver	100 IM	GNST
10 & U	Berkeley Livingston	50 free	GNST
10 & U	Berkeley Livingston	50 back	GNST
10 & U	Berkeley Livingston	100 IM	GNST
10 & U	Katie Stonehocker	50 breast	GNST
10 & U	GNST	200 fr rel	Berkeley Livingston, Katie Stonehocker, Lexie Kreizel, Olivia Theil
10 & U	GNST	200 med rel	Berkeley Livingston, Katie Stonehocker, Olivia Theil, Lexie Kreizel
10 & U	Alex Petty	50 breast	LSS
10 & U	Alex Petty	100 breast	LSS
11-12	Ashley Pales	50 breast	LSS
11-12	Ashley Pales	100 breast	LSS
11-12	Ashley Pales	200 breast	LSS
11-12	Ashley Pales	50 fly	LSS
11-12	Caroline Theil	100 back	GNST
11-12	Caroline Theil	200 back	GNST
11-12	Dannie Dilsaver	200 back	GNST
11-12	Dannie Dilsaver	200 fly	GNST
11-12	Dannie Dilsaver	400 IM	GNST
11-12	Olivia Calegan	100 IM	LSS
11-12	LSS	200 fr rel	Olivia Calegan, Alana Palmer, Sydney Schneider, Samantha Gowen, Ashley Pales
11-12	LSS	200 med rel	Sydney Schneider, Olivia Calegan, Alana Palmer, Samantha Gowen, Ashley Pales
11-12	LSS	400 med rel	Olivia Calegan, Ashley Pales, Sydney Schneider, Samantha Gowen
11-12	Ben Morris	200 breast	LSS
13-14	Ashley Pales	200 breast	LSS
13-14	LSS	200 med rel	Emma Ebitto, Ashley Pales, Olivia Appleget, Jessica Storer
13-14	LSS	400 med rel	Emma Ebitto, Ashley Pales, Olivia Appleget, Jessica Storer

13-14	Brennan Balogh	100 back	LSS
13-14	Brennan Balogh	200 back	LSS
13-14	Brennan Balogh	100 fly	LSS
13-14	Brennan Balogh	200 fly	LSS
13-14	Brennan Balogh	200 IM	LSS
13-14	Brennan Balogh	400 IM	LSS
13-14	Sean Tate	50 free	UN
13-14	Sean Tate	100 free	UN
13-14	Ryan Tate	100 fly	UN
15-16	Bob Glover	100 back	UN
15-16	Brennan Balogh	400 IM	LSS
15-16	Haden Calegan	100 breast	UN
15-16	Haden Calegan	200 breast	UN
15-16	Jacob Molacek	200 back	GOAL
15-16	Jacob Molacek	100 breast	GOAL
15-16	Jacob Molacek	200 breast	GOAL
15-16	Jacob Molacek	200 IM	GOAL
17-18	Ryan Miksch	100 free	UN
17-18	Will Raynor	200 IM	UN
Open	GNST	200 med rel	Taylor Sieperda, Bridgett Hafner, Maggie Bach, Aimee Fischer
Open	GOAL	200 fr relay	Matthew Medara, Jacob Molacek, Bob Glover, Will Raynor
Open	GOAL	200 med rel	Will Raynor, Jacob Molacek, Bob Glover, Matthew Medara
Open	GOAL	400 med rel	Bob Glover, Jacob Molacek, Will Raynor, Matthew Medara
Senior	Bailey Pons	1650 free	UN
Senior	Brooke Balogh	200 fly	UN
Senior	Ryan Miksch	100 free	UN

Long Course 2011-2012

8 & U	Hannah Hailu	200 free	GOAL
8 & U	Hannah Hailu	50 fly	GOAL
10 & U	Katie Stonehocker	50 free	GNST
10 & U	Katie Stonehocker	200 free	GNST
10 & U	Katie Stonehocker	50 breast	GNST
10 & U	Katie Stonehocker	100 breast	GNST
10 & U	Katie Stonehocker	200 IM	GNST
10 & U	GNST	200 med rel	Morgan Baker, Katie Stonehocker, Olivia Theil, Lexie Kreizel
10 & U	Alex Petty	50 breast	LSS
10 & U	Alex Petty	100 breast	LSS
10 & U	Grant Johnson	50 breast	HYAC
10 & U	Grant Johnson	100 breast	HYAC
10 & U	LSS	200 med rel	Austin Schneider, Alex Petty, Kyle Goins, Josh Pales

11-12	Caroline Theil	50 back	GNST
11-12	Caroline Theil	100 back	GNST
11-12	Caroline Theil	200 back	GNST
11-12	Caroline Theil	200 IM	GNST
11-12	Caroline Theil	400 IM	GNST
11-12	GNST	200 fr rel	Berkeley Livingston, Madison Sieperda, Emma Ryan, Carolyn Theil
11-12	GNST	400 fr rel	Berkeley Livingston, Emma Ryan, Madison Sieperda, Carolyn Theil
11-12	GNST	200 med rel	Berkeley Livingston, Caroline Theil, Cassie Roberts, Emma Ryan
11-12	LSS	400 med rel	Olivia Calegan, Ashley Pales, Sydney Schneider, Samantha Gowen
11-12	Michael Ayars	100 free	LSS
11-12	Michael Ayars	200 free	LSS
11-12	Michael Ayars	400 free	LSS
11-12	Olivia Calegan	200 back	LSS
11-12	Olivia Calegan	50 breast	LSS
11-12	Olivia Calegan	100 breast	LSS
11-12	Olivia Calegan	50 fly	LSS
11-12	Olivia Calegan	200 IM	LSS
11-12	Olivia Calegan	400 IM	LSS
13-14	Ashley Pales	200 breast	LSS
13-14	Dannie Dilsaver	200 IM	GNST
13-14	GNST	200 fr rel	Chloe Larson, Emma Vertin, Abby Lunzmann, Dannie Dilsaver
13-14	LSS	200 med rel	Emma Ebitto, Ashley Pales, Olivia Applegate, Jessica Storer
13-14	LSS	400 med rel	Emma Ebitto, Ashley Pales, Olivia Applegate, Jessica Storer
13-14	GOAL	200 med rel	Collin Piti, Jacob Hangren, Michael Simmons, Brian Magee
13-14	Sean Tate	50 free	SO
13-14	Sean Tate	100 free	SO
15-16	Erin Oeltjen	50 free	MAC
15-16	GOAL	200 fr rel	Laura Miksch, Fiona Raynor, Antonia Franco, Brynn Robertson
15-16	Brennan Balogh	400 IM	LSS
15-16	Haden Calegan	100 breast	UN
15-16	Jacob Molacek	100 free	GOAL
15-16	Jacob Molacek	200 free	GOAL
15-16	Jacob Molacek	100 back	GOAL
15-16	Jacob Molacek	200 back	GOAL
15-16	Jacob Molacek	100 breast	GOAL
15-16	Jacob Molacek	200 breast	GOAL
15-16	Jacob Molacek	100 fly	GOAL
15-16	Jacob Molacek	200 IM	GOAL
15-16	Sophia Nelson	200 breast	LSS
17-18	Bob Glover	100 back	GOAL
17-18	Lauren Pavel	200 breast	GOAL
17-18	Will Raynor	100 back	GOAL
17-18	Will Raynor	200 back	GOAL

Open	Bailey Pons	400 free	HUSK
Open	GOAL	200 fr rel	Laura Miksch, Fiona Raynor, Antonia Franco, Brynn Robertson
Open	GOAL	200 med rel	Brynn Robertson, Lauren Pavel, Natasha Posthuma, Laura Miksch
Open	GOAL	200 med rel	Bob Glover, Jacob Molacek, RJ Hemmingsen, Ryan Miksch
Open	GOAL	400 med rel	Will Raynor, Jacob Molacek, Bob Glover, Ryan Miksch

Midwestern Scholastic All America Team 2012

The following Midwestern swimmers have been selected to the 2012 Scholastic All America Team for USA Swimming.

These swimmers all have made the required time standard (Junior National Bonus time) and have a 3.5 GPA or higher. Congratulations to these swimmers!

Blake M Balogh	LSS
Szymon Day	GOAL
Neil Girmus	MAC
Robert S Glover	GOAL
RJ Hemmingsen	GOAL
Ryan Miksch	GOAL

Top 10 Awards - 2011

Short Course 2010-2011

9 th	Age 11	50 yd Breaststroke	Ashley Pales – Lincoln Select Swimming
6 th	Age 12	100 yd Breaststroke	Ashley Pales – Lincoln Select Swimming
3 rd	Age 13	100 yd Backstroke	Brennan Balogh – Lincoln Select Swimming
1 st	Age 13	200 yd Backstroke	Brennan Balogh – Lincoln Select Swimming
4 th	Age 13	200 yd Ind Medley	Brennan Balogh – Lincoln Select Swimming
4 th	Age 13	400 yd Ind Medley	Brennan Balogh – Lincoln Select Swimming
7 th	Age 15	100 yd Backstroke	Bob Glover – Unattached

Long Course 2011

7 th	Age 12	100 m Breaststroke	Ashley Pales – Lincoln Select Swimming
4 th	Age 12	200 m Breaststroke	Ashley Pales – Lincoln Select Swimming
5 th	Age 13	100 m Backstroke	Brennan Balogh – Lincoln Select Swimming
2 nd	Age 13	200 m Backstroke	Brennan Balogh – Lincoln Select Swimming
4 th	Age 14	100 m Backstroke	Brennan Balogh – Lincoln Select Swimming
1 st	Age 14	200 m Backstroke	Brennan Balogh – Lincoln Select Swimming
8 th	Age 14	200 m Ind Medley	Brennan Balogh – Lincoln Select Swimming
8 th	Age 14	400 m Ind Medley	Brennan Balogh – Lincoln Select Swimming
10 th	Age 17	100 m Freestyle	Ryan Miksch – Greater Omaha Aquatics
10 th	Age 18	100 m Freestyle	Ryan Miksch – Greater Omaha Aquatics
9 th	Age 17	100 m Backstroke	Will Raynor – Greater Omaha Aquatics

Swimmer of the Year Awards:

2011-2012 Short Course

10 & U Girls -	Berkeley Livingston	Greater Nebraska Swim Team
10 & U Boys -	Alex Petty	Lincoln Select Swimming
11-12 Girls -	Dannie Dilsaver	Greater Nebraska Swim Team
11-12 Boys -	Michael Ayars	Lincoln Select Swimming
13-14 Girls -	Jessica Storer	Lincoln Select Swimming
13-14 Boys -	Brennan Balogh	Lincoln Select Swimming
15-16 Girls -	Erin Oeltjen	Millard Aquatic Club
15-16 Girls	Aimee Fischer	Greater Nebraska Swim Team
15-16 Boys -	Jacob Molacek	Greater Omaha Aquatics
17-18 Girls -	Blake Balogh	Lincoln Select Swimming
17-18 Boys -	Will Raynor	Greater Omaha Aquatics

2011-2012 Long Course

10 & U Girls -	Katie Stonehocker	Greater Nebraska Swim Team
10 & U Boys -	Grant Johnson	Hastings Y Aquatic Club
11-12 Girls -	Caroline Theil	Greater Nebraska Swim Team
11-12 Boys -	Michael Ayars	Lincoln Select Swimming
13-14 Girls -	Dannie Dilsaver	Greater Nebraska Swim Team
13-14 Boys -	Brennan Balogh	Lincoln Select Swimming
15-16 Girls -	Mary Kate Luddy	Swim Omaha
15-16 Boys -	Jacob Molacek	Greater Omaha Aquatics
17-18 Girls -	Blake Balogh	Lincoln Select Swimming
17-18 Boys -	Will Raynor	Greater Omaha Aquatics