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Mission Statement: Midwestern Swimming strives to maximize opportunities for the growth and success of all current and future swimmers through competitive swimming.

Board of Directors Meeting

Tuesday, September 16, 2025 – 8:30 PM

Zoom Meeting

Meeting Agenda

1. Welcome and Roll Call (by log in – voting participants must have video on)
2. Declaration of Conflict of Interest Statement
Is any member aware of any conflict of interest (that is, of a personal interest or direct or indirect pecuniary interest) in any matter being considered by this meeting which should now be reported or disclosed or addressed under the Midwestern Swimming Conflict of interest policy? If a Board member determines there to be a conflict of interest at any point during the course of the meeting when a specific subject is being discussed and/or action is being taken, a declaration of a conflict of interest should be made at that time.
3. Review and Approve July 15, 2025 Meeting Minutes
4. Consent Agenda
 - Staff Report
 - Registration Report
 - Executive Committee Notes (1)
 - Sanction Committee Notes (2)
 - Governance Committee Notes (1)
 - Financial Reports
5. Business
 - Governance
 - Safe Sport
 - Junior Athlete
6. Announcements
 - Fall HOD
 - MW Awards
7. Adjournment

Join Zoom Meeting: MW Swimming BOD meeting

Stefanie Martinez is inviting you to a scheduled Zoom meeting.

Time: Sep 16, 2025 08:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/91529887202?pwd=acpQhrfcVZRTTRRQUaOiGqeXnAdxS9n.1>

Meeting ID: 915 2988 7202

Passcode: swimming

One tap mobile

+13092053325,,91529887202#,,,,*05222981# US

+13126266799,,91529887202#,,,,*05222981# US (Chicago)



MINUTES DRAFT

DATE: 07/15/2025

TIME: 8:30 p.m.

LOCATION Zoom Conference Call

Call to Order

- Midwestern Board of Directors
- Board Meeting
 - Called to order 8:35pm – Stefanie Martinez; noted quorum present
 - Purpose of Meeting: Regular BOD Meeting
 - Reminder to be visible to vote
- Roll Call by Zoom sign-in
 - BOD Attendees: Stefanie Martinez, Steve Kidder, David Nelson, Paige Skidmore , Toby Rees, Aidan Cho, Jeff Steiner, Sam Bach, Greta Olberding, Jack French, Betty Kooy (staff)
 - HOD Committee Chairs/Coordinators Present: Steve Marchitelli, , Leslie Mayo,
 - BOD Absent: Addisyn Storms, Arnav Gupta, Amber Bargstadt
 - HOD Committee Chairs/Coordinators Absent: Lori Howard, Erica Storms, Dan Brailita
 - Guests: Anthony Miles, Kim Schmidt, Jimmy Parmenter, Casey Kistler, Bill Haney, Starre Haney, Georgia Androy, Mallory Ferguson, Sandy Santos, Pat Rowan, Janet Cho
- Declaration of Conflict of Interest Statement: Stated in published agenda; no declarations.
- Approval of Previous Minutes
 - No corrections to minutes
 - Motion to accept April 15, 2025 Minutes – Jeff Steiner; Seconded – Jack Frency, Approved
- Consent Agenda
 - Staff Report
 - Registration Report
 - Financial Reports
 - ~~Officials Report~~ (noted missing)
 - Governance Committee Report
 - Executive Committee Notes (1)
 - Sanction Committee Notes (2)
 - Motion to accept Consent Agenda – Jack French; Seconded – Jeff Steiner; Approved.

The following narrative is AI generated, reviewed.

Quick Recap

The meeting covered various administrative and operational aspects of a swimming organization, including technical issues, policy changes, and event planning. Discussions focused on clarifying age requirements for competitions, updating policies and procedures, and addressing concerns about athlete participation and support. The board also approved fee changes, discussed social media promotion, and reviewed reports from athlete representatives on leadership training and proposed initiatives.

Next steps

- Leslie: Send correct pricing information to Stephen for registration fee updates in the policy document
- Steve: Update policy and procedure document with correct 2025-2026 registration fees after receiving information from Leslie
- Stefanie & Mallory: Work on creating an athlete handbook/guide document with roles, responsibilities, and contact information
- Steve & Governance Committee: Help develop the athlete survival guide/handbook with athlete representatives
- Jeff: Update MOU with dates and times for the Float On program and obtain signatures from appropriate representatives
- Arnav & Float On Committee: Finalize dates and volunteer recruitment for the Float On program in August
- Miranda - FAST: Continue recruiting officials and volunteers for the 13 & over and 12 & under Championship meets
- Sanctioning Committee: Continue reviewing meet formats and potentially implement new guidelines for event limits per session
- Betty: Update outreach reimbursement process to reflect new maximum \$5 event fee structure
- Betty: Update meet information to include the \$20 buyback fee for both prelims and finals
- Betty & Stefanie: Communicate the buyback fee update to all coaches, meet referees, and admin referees
- Stephen : Post announcement seeking volunteers for the media coordinator position to promote Midwestern Swimming achievements
- Board Members: Respond to Betty regarding attendance at the annual business meeting and register for the conference
- Betty: Work on hotel reservations for the annual business meeting attendees
- Kim Schmidt: Take over as interim finance chair to complete remainder of Betsy's term

Summary

Screen Sharing and Agenda Updates

Stefanie and Stephen discussed technical difficulties with sharing screens and whiteboards during the May HOD meeting. They eventually resolved the issue by using the screen broadcast function. Stephen mentioned that Dan's report was not included in the consent agenda because it had not been received. It was clarified that Greta, the athlete at large, is a voting member of the board of directors

Swimming Competition Age Requirements Clarification

The meeting focused on confusion surrounding the age requirements for the championship meet, with Jack reporting that some participants were frustrated by the inconsistent labeling of the event as "13 and over" on various platforms, despite it being described differently elsewhere as "open" or "senior." Jimmy clarified that the events should be titled "Senior Champs" and "Age Group Champs," with "open" referring to any age group with a qualifying time. The group discussed the need to clarify the event's name and age requirements to avoid further confusion, with Jack suggesting that coaches could help address participant concerns.

Meeting Minutes and Membership Review

The meeting began with Stefanie confirming quorum and reminding members to keep cameras on for voting. The declaration of conflict of interest was reviewed, and the April 15th meeting minutes were approved. Several reports were reviewed under the consent agenda, with the officials' report not being received. Jack raised a question about membership numbers, which Leslie and Betty clarified by comparing current and previous year's data, noting the inclusion of additional teams like SWAT for the 2024 registration year. Mallory,

who attended the Central Zone Athletes' summit, was scheduled to present but faced technical difficulties with screen sharing, which Stefanie helped resolve.

Athlete Leadership and Diversity Training

Mallory shared her experience at the Central Zone Athlete Summit camp in Cleveland, where she participated in leadership training and classroom sessions focused on diversity, equity, and inclusion; leadership styles; project communication; digital tools for athlete-led projects; and professional development. She highlighted key takeaways from each session, including the importance of using various digital platforms for outreach, practicing effective communication and presentations, and developing confidence in speaking up as athlete representatives. Mallory also described a hypothetical project idea for an athlete summit camp aimed at younger swimmers and emphasized the value of diverse perspectives in LSC meetings.

Athlete Leadership Resources and Summit

Mallory shared her experience at the Central Zone Athlete Summit camp in Cleveland, where she participated in leadership training and classroom sessions focused on diversity, equity, and inclusion; leadership styles; project communication; digital tools for athlete-led projects; and professional development. She highlighted key takeaways from each session, including the importance of using various digital platforms for outreach, practicing effective communication and presentations, and developing confidence in speaking up as athlete representatives. Mallory also described a hypothetical project idea for an athlete summit camp aimed at younger swimmers and emphasized the value of diverse perspectives in LSC meetings.

Athlete Safety and Coordination Improvements

Mallory presented on her experience at a summit, highlighting concerns about chaperone arrangements and transportation for minor athletes. Stefanie acknowledged these issues and outlined steps to improve coordination, including earlier advertising and potentially creating a dedicated athlete mentor position. The group discussed creating a comprehensive handbook for athletes and agreed to explore ways to better disseminate information, with Leslie suggesting involvement from the Athlete Committee in updating the website. Mallory emphasized the importance of having athlete representation on all club boards.

Project Collaboration and Program Expansion

The meeting focused on updates regarding a project collaboration between Arnav Gupta, Matt Brailita, and Jeff Steiner through the Kroc Center, with input from USA Swimming and Mallory's connections. The team discussed plans to connect with USA Swimming's Learn to Swim program, expand DEI efforts to indigenous populations, recruit lifeguards and volunteers, and utilize Float-On programs for athlete leadership. Jeff explained that an MOU is nearly finalized, pending dates and signatures from both parties, and outlined insurance requirements and next steps. The group also reviewed policy and procedure changes proposed at the House of Delegates meeting, with Stefanie suggesting a singular vote for approval unless specific provisions were discussed.

Policy Updates and Meet Planning

The board approved the proposed policy changes to the MW Policies and Procedures with a provision to update fees to 2026 amounts, and Stephen confirmed he had already corrected the USA Swimming membership fee from \$76 to \$78 (which is incorrect). Leslie will confirm the 2026 amounts with Steve for inclusion. The board discussed the need for officials and volunteers for upcoming championship meets hosted by Miranda from Fremont, with Stefanie emphasizing the importance of supporting her after organizing three major meets in a row. The sanction committee has approved most fall short course meets, though a few were put on hold due to pending issues.

Event Fee Increase

The board discussed increasing the maximum individual for event fee for Timed Final meets from \$4 to \$5 to address declining swimmer participation and meet durations with suggested 3 event limit per session. Jimmy and Stefanie explained that the change would give clubs flexibility to run shorter, more efficient meets while maintaining revenue. Leslie raised concerns about the lack of research on comparable LSCs and suggested tabling the motion to allow more time for analysis.

A motion was made by Jack and seconded by Dave to raise the event fee for Timed Final meets to a maximum of \$5, with Stefanie breaking a tie as a voting member.

Annual USA Summit and Business Meeting

Announcement was made regarding the USA Swimming annual business meeting and prospective attendees need to confirm their attendance soon, as travel and hotel arrangements are needed. Betty agreed to try making hotel reservations for the meeting, though attendees may need to book individually if she cannot.

Addition of Buy-Back Policy for Championship Meets

The board also recommended a \$20 buy-back fee for missed prelims and finals events, with a recommended lower fee for outreach swimmers, but it was confirmed that outreach swimmers cannot be identified in recon. Discussion included questioning whether 'bad behavior' might be encouraged by this policy. The group agreed to implement a \$20 buy-back fee for both prelims and finals, as previously decided by an ad hoc committee.

Announcement regarding Finance Chair Position

Stefanie announced that because of a change in the Bylaws at the May HOD meeting Betsy can no longer serve as Finance Chair. She is appointing Kim Schmidt to fulfill the unexpired term. There were no objections to the appointment.

Midwestern Swimming Policies and Promotion

Questions were raised regarding promoting Midwestern Swimming on social media. Jimmy raised concerns about the lack of social media promotion for Midwestern Swimming's successes at recent meets. MW needs to promote Midwestern Swimming.

Stephen agreed to reach out to Betty about posting a job opening for a media coordinator.

The conversation ended with an agreement to meet again in two months (September 16, 2025).

Adjournment: 10:25p.m.

Reviewed and Submitted by: Betty Kooy, Secretary



- **Sanctions/Meet Schedules–**

MW 2025 Summer Meets –Results etc for all summer meets have been posted and integrated to MW data.

MW 2025-2025 Short Course – The sanction committee has met and most of the fall meet requests have been approved and are being posted. The sanction committee has had several meetings. Winter meets are listed. MW has several bids for short course championship meets, but not for the dates the committee prefers – weekend before State HS for Age Group and weekend after State HS for Senior.

MW 2026 Long Course – At this point no requests for meets for 2026 Long Course/Summer have been submitted, and championship meet dates have not been set.

2026 CZ 14 & Under meet – two possible dates – July 30-Aug 2 or Aug 6-9. CZ will make the decision on the attendance site at the USAS Summit.

- **Zone Meet** – The 14 & U Zone meet for Midwestern was held July 31-August 3, 2025 in Rochester, MN. Fifty five MW athletes participated in the meet. Rosie Kiranov was the head coach with Georgia Androy and Dylan Fucik assisting. Both CZ 14 and Under meets had more athletes than anticipated, but both sites were able to accommodate. Central Zone has several committees working on meet format and their policies and procedures.
- **Athlete, Outreach, Officials Reimbursements** – *Athlete reimbursement* requested for national meets since September 1, 2024 is \$13,500 (Juniors, Nationals, Sectionals, CZ Open Water, Futures). Long course reimbursement requests are due by September 30. \$470.63 has been sent for *Outreach reimbursement* for the same period. GoogleForms for both Athlete Reimbursement and Outreach Reimbursement are posted and distributed to clubs. *Officials' reimbursement* for those officiating at national level meets was \$900.00 since September 1, 2024. (Financial reports may not show the same numbers as those number are based on fiscal year and timing of accounting.)
- **Awards** – MW is scheduling its Awards Ceremony for Sunday, October 19 at the Brownell Talbot auditorium. The MW HOD will meet at 11:30 am at BT with the awards to follow. Award recipients will be posted so families will know who is receiving awards. Currently coaches are voting for MW Senior and Age Group Coach of the Year. Of note – MW has 8 USA Scholastic All America awardees this year! (Requisite Winter Jr Qual time and 3.5 GPA. The list has not yet been posted, but Betty is on the committee and has processed awards for Central Zone.)
- **USAS Summit and ABM** - MW will have 7 persons attending the Summit and ABM in Denver Sept 25-27. Those attending are Stefanie Martinez, David Nelson, Leslie Mayo, Jimmy Parmenter, Greta Olberding, Olivia French, and Betty Kooy. MW has 4 votes at the ABM – 1 non-coach and 3 coach votes.



To: MWS Board of Directors

From: Leslie Mayo, Membership/Registration Coordinator

Date: September 8, 2024

	2019 Membership	2020 Membership	2021 Membership	2022 Membership	2023 Membership	2024 Membership	2025 Membership	Increase / Decrease
Member Clubs/ Organizations	33	31	31	30	30	31	26	-5
Premium Athletes - Renew	1,932	1,811	1,623	1,668	1,558	1549	1388	-161
Premium Athletes - New	581	468	404	606	483	364	426	62
Flex Athletes - Renew	55	71	84	68	90	91	95	4
Flex Athletes - New	109	52	83	103	204	165	148	-17
Flex Athletes - Upgrade	7	12	32	32	49	43	48	5
Outreach Athletes - Renew	49	41	35	21	21	31	30	-1
Outreach Athletes - New	15	15	5	15	16	15	9	-6
Seasonal Athletes - Renew	89	1	69	70	51	33	42	9
Seasonal Athletes - New	47	2	42	29	38	48	59	11
Athletes - Total	2,884	2,473	2,377	2,612	2,510	2,339	2,245	-94
NATH Members	383	340	350	431	463	416	379	-37
Total Members	3,267	2,813	2,727	3,043	2,973	2,786	2,650	-136

Numbers are based upon OMR registration transactions details provided by USA Swimming



DATE: 08/12/2025 **DRAFT**

TIME: 8:30 p.m.

LOCATION Zoom Meeting

Meeting

- Midwestern Executive Committee
- Meeting Purpose
 - o Monthly Executive Committee
- Attendees: Stefanie Martinez, Steve Kidder, David Nelson, Tara Goss, Kim Schmidt, Arnav Gupta, Betty Kooy (staff)
- Absent: Sam Bach

Meeting summary

Quick recap

The meeting covered updates on the Float On program's progress and plans for weekly sessions at the Boys and Girls Club, along with discussions about the possibility of finding a new junior athlete representative if the dissolution of the Stingrays (SST) takes place. The group addressed issues with the recent Zones competition, including poor planning and financial complications, and emphasized the need to rewrite the Policies and Procedures manual section on Zones and clarify expectations for coaches. The board also discussed preparations for the upcoming Annual Business Meeting, reviewed financial details from recent meets, and planned for the next board meeting and awards ceremony.

Next steps

- Betty to contact Mike Nobiling about the status of the Stingrays (SST) team and verify the club's intentions.
- Betty to contact Charlotte Schrum about her swimming plans after contacting Mike.
- Betty to contact Aiden and Janet Cho about hosting the House of Delegates meeting and Awards Ceremony at Papillion LaVista High School.
- Stephanie to work with Pat Rowan and Tara Goss to develop a process/manual for Zones coaching expectations and reimbursement policies as well as Governance looking at Policies and Procedures.
- Dave and Betty to prepare for a potential special election for junior athlete representative if needed based on findings from Mike and Charlotte.
- Arnav to talk to the Boys and Girls Club manager about establishing a more permanent partnership with the LSC for the Float On program.
- Stephanie to find a date for the House of Delegates meeting and Awards ceremony .
- Governance Committee to review Zones coaching expectations and reimbursement policies.
- Betty to prepare approximately 700 certificates and order 425 bag tags for the Awards ceremony.

Summary

Float on Program Progress Update

Arnav reported on the progress of the Float On program, including a successful meeting with the USA Swimming DEI head who offered support and donated swimwear for the Boys and Girls Club. Arnav explained they are planning weekly sessions at the Boys and Girls Club throughout the school year, with plans to transition

leadership to new athlete representatives in the summer. The program is currently operating independently of the LSC, but Stefanie suggested exploring a formal partnership with the Boys and Girls Club, and Arnav agreed to discuss this with the manager.

Junior Athlete Representative Selection Process

The group discussed the need to find a new junior athlete representative if the previous position holder's club, Stingrays, dissolved. They agreed to give coaches two weeks to submit nominations, with Betty sending emails to both head coaches and Dave for nominations. The qualifications for candidates were established as being 16 years old or a sophomore at the time of the election. The group also decided to verify with Mike that the Stingrays are no longer active and to check the status of the current BOD athlete representative before proceeding with the election process.

Zones Competition Planning Overhaul

The meeting focused on the chaotic organization of the recent Zones competition. Stephanie Martinez expressed that the Zones event was a "colossal disaster" due to poor planning and lack of clear policies, leading to financial complications and miscommunication among coaches. She emphasized the need to rewrite the MW Policies and Procedures section for Zones, clarify expectations for coaches, and address reimbursement policies. Betty confirmed that mileage reimbursement is not possible, only gas expenses may be covered, and Tara and Pat Rowan will be asked to help develop a new process manual for the next summer.

Zones Coaching and Logistics Update

The group discussed the coaching situation at Zones, where Rosie Kirianov was the head coach but may be leaving the Lincoln Y Dolphins. They clarified that only three rooms were used for accommodations, not individual rooms for each coach. Stefanie Martinez noted that they will need to address financial expenses and honorariums, and mentioned that they should develop a better plan for next year's coaching arrangements. Betty explained that relay swimmers were selected but not published before the meet, as teams have the option to change relays at the event.

ABM Planning and Logistics Update

The group discussed preparations for the upcoming Annual Business Meeting (ABM), noting that attendees registered early and secured discounted Omaha flights at around \$200, compared to several from last year at \$600. Betty reported that 6 tickets have been purchased for the Denver trip, with all expenses projected at \$6,000-7,000, which is under the \$10,000 budget. It was confirmed that Olivia French and Greta Olberding will return as athlete representatives. Betty is working on finalizing meet schedules for the short course season, while the championship meet locations and timing are still under consideration by the Sanction Committee.

Financial Review and Participation Trends

Betty reported that all fees had been paid and provided financial details for recent championship meets, noting a gross income of \$25,841 for the 13 and over age group and \$12,675 for the 12 and under age group. She mentioned that the 8 and under meet may not be profitable but beneficial for participants and parents. Betty also discussed a decline in participation, particularly in long course meets, and the loss of several teams that previously hosted sanctioned meets. The Sanction Committee's plan to split the 8 and under category from other age groups for both short and long course was mentioned, along with the need to review financials for Sarpy County's 8 & U meet because of medal issues.

Awards Ceremony and Board Planning

The group discussed planning for the next board meeting on September 16th and the need to organize an awards ceremony, which hasn't been scheduled yet. Stephanie clarified that the courthouse is not suitable for an awards ceremony and explained that previous discussions about locations were for officials' clinics or a Swimposium. Betty mentioned that a banquet hasn't been held in several years due to cost concerns. Betty is prepared to print certificates (700) for approximately 425 awardees this year. The group also discussed the success of mixed relay teams at the short course championships (placed in the National Top 10), with Betty suggesting they should consider including the mixed relays in future meets, particularly at the Fremont facility.

House of Delegates and Banquet Planning

The committee discussed plans for the House of Delegates and Awards banquet, with Betty offering to contact Aiden and Janet Cho about hosting options at Papillion LaVista High School, including the possibility of using the auditorium. Tentative plans were made to hold the House of Delegates meeting and Awards on Sunday, October 19th, and Stephanie will follow up on venue availability after returning from her trip on Tuesday. The board also addressed the suggested in person officials' clinic (need for officials to be in the room together for productive discussions), which Betty suggested holding on the weekend of October 18th and 19th, potentially in a different location. Committee agreed to contact Mike N about the status of SST and the athlete representative and to copy Stephanie and Dave on any communications regarding elections.

There will be no Executive Committee meeting prior to the September Board of Directors meeting (Sept 16).

Adjournment 9:20 p.m.

Submitted by: Betty Kooy, Secretary



DATE: 08/05/2025

TIME: 8:30 p.m.

LOCATION Zoom Meeting

Meeting

- Midwestern Sanction Committee
- Meeting Purpose
 - Discussion of submitted Fall meets not yet approved and Short Course Schedule
 - Discussion of spring championship meets
- Attendees: David Nelson, Patrick Rowan, Jimmy Parmenter, Tara Goss, Dave Edwards, Oscar Edwards, Betty Kooy (staff)
- Absent: Stefanie Martinez (ill), Carter Hiley

Meeting Summary with AI Companion Created

Quick recap

The meeting focused on scheduling changes and updates for various swimming meets, including discussions about moving events, implementing scoring systems, and addressing facility fees. The group explored ways to improve meet participation and financial sustainability, while also considering the impact of extended seasons on younger swimmers and their ability to balance multiple sports commitments. They concluded by discussing championship meet formats and scheduling challenges, with participants agreeing to submit their ideas via email before the next meeting on September 9th.

Next steps

- Betty to check with ACE meet hosts regarding the facility fee discrepancy between their two meets
- Betty to follow up with Swim Omaha regarding outstanding issues
- Betty to update Council Bluffs meet information to reflect new dates
- Betty to send reimbursement form to Dave for plane fare
- Betty to remind meet hosts to consider scoring meets even without awards
- Betty to reach out to LSS regarding potential change to meet entry chair position
- Group to explore hosting options for 14&under championship and senior championship meets
- Group to investigate facility availability for potential February/March championship meets
- Jimmy and Patrick to work on securing facility for senior or age group championship meets – Patrick to check with Devaney regarding possibilities
- Betty to update meet information with new format decisions once finalized
- All committee members to email their thoughts and suggestions to entire committee regarding championship meet dates and formats before September 9th meeting
- Betty to schedule the next meeting for September 9th
- Betty to update the bid sheet with confirmed dates for Sectional Weekend (March 12-15) at Mizzou Aquatic Center

Summary

Schedule Changes and Meet Updates

Betty led the meeting in Stefanie's absence, discussing schedule changes and upcoming meets. The group approved moving the Sioux Center Seahawks meet to November 1 due to facility conflicts. Betty noted that no bids had been received for either short course championship, and asked for input on the spring schedule. The

meeting participants discussed travel arrangements for an upcoming event, with Dave and Betty confirming their flight details.

Implementing Scoring for All Meets

The group discussed implementing scoring for all meets, even non-championship ones, to encourage participation and team spirit. Jimmy and Patrick shared experiences of parents and swimmers questioning the value of competing in meets without scoring, suggesting that scoring could motivate swimmers and highlight their contribution to team points. Betty noted the possibility of discussing this with meet hosts, while Brian raised a question about the discrepancy in facility fees for two identical ACE meets. Dave supported the idea of scoring meets to enhance the experience for all participants.

Swim Meet Facility Fee Standards

The group discussed facility fees for swim meets, with Betty explaining that clubs set fees based on anticipated swimmer numbers and facility charges, typically ranging from \$10-15. Patrick raised concerns about the process and requested documentation for fees over \$15, which Betty confirmed is the current standard practice. The discussion revealed that while some teams are profitable, others struggle financially, and the group agreed that facility fees are preferable to admissions charges to ensure meet sustainability.

Swim Meet Updates and Changes

The group discussed several swim meet updates and issues. They agreed to hold off on the Swim Omaha meet due to lack of responses to Betty's emails about concerns. Betty reported that the LSS meet was completely rewritten, with 12-and-under events moved to the afternoon and a \$25 flat fee including heat sheets. There may be questions regarding LSS meet management. Tara mentioned she heard there might have been a shakeup in the ACE organization which was corroborated.

Meet Scoring and Fee Updates

The group discussed meet scoring and fees, with Jimmy and Dave agreeing that meets should be scored to help sell the sport, and Betty confirming that scores could be entered into Meet Mobile. Tara noted MW's long-ago format of Gold and Silver meets and the motivation for an athlete to make the next level. Betty clarified the fee structure for different meets, noting that the first ACE meet had a lower total fee due to the number of swimmers, and agreed to check with the organizers about the exact figures. The group also discussed the NA meet, with Betty confirming that awards would be provided, and the Council Bluffs meet date change to December 13-14. Betty mentioned that January and February meet information was ready but held off on posting due to uncertainty, and suggested a discussion about short course championships for February.

Age Group Meet Format Planning

The group discussed meet formats for different age groups, focusing on a three-day format with a Friday night session, Saturday morning, and Sunday late session for 10-and-unders, while 11-12 year olds would compete over three days with different events each day. They agreed to keep 8-and-unders as a separate meet to avoid long sessions, and Tara suggested keeping longer events like the 200 IM and 200 Free. The 13-14 year olds were also brought into the picture for the Age Group Championship.

Age Group Championship Restructuring Plan

The group discussed restructuring age group championships, with Jimmy proposing separate meets for 10-and-under, 11-12, 13-14 age groups, and seniors, while Patrick noted the historical precedent of similar formatting. They agreed that the 10-and-under and 11-12 age groups should have time-finals format rather than prelims-finals, as Jimmy explained this would better prepare younger swimmers for future competitions. The discussion

concluded with Betty questioning the need for a "last chance" meet, which Jimmy confirmed had been eliminated last year due to its impracticality.

Swimming Championship Scheduling Discussion

The group discussed scheduling for senior and age group championship swimming meets, with Jimmy proposing time-finals format for seniors following state championships while keeping 12-and-under competitions separate. Group is still looking at February 20-22 for Age Group and March 7-9 for Senior. David expressed concerns about the impact of extended seasons on younger swimmers and their participation in other sports. Betty suggested exploring options for lowering time standards for 200s of stroke for the senior meet and adding qualification times for the 50s of stroke. It was noted that the format for the senior meet should accommodate both championship experiences and sectional cut opportunities. Oscar, speaking from athlete's perspective, prefers the Senior meet before sectionals and likes the Timed Finals option. Tara raised questions about the feasibility of multiple consecutive weekends of meets for coaches and officials.

Swimming Meet Scheduling Discussion

The group discussed the scheduling of swimming meets, particularly focusing on the timing of the Senior Championships and the 13-14 age group competitions. Patrick and Dave agreed that the long course season is already quite long, and they preferred to keep the 13-14 format separate from the Senior Championships rather than integrating it. The team debated whether to host a 14-under championship in February and a qualifier/time final championship, with Jimmy suggesting keeping the Senior Championships name. They also considered the impact on high school swimmers and the need to maintain prelim-final opportunities for all age groups.

Swimming Meet Financial Strategy Review

The group discussed financial challenges with swimming meets, particularly regarding low participation and revenue. Jimmy suggested raising fees and implementing time standards for 50-meter stroke events for 13 & O age groups, while Patrick noted that current time standards for 13-14 age groups may need adjustment due to decreased participation and increased number of events. Betty mentioned that time standards for 50-meter strokes in 13-14 age groups are already in place, but the group agreed that similar standards should be considered for other age groups and distances.

Championship Meet Scheduling Discussion

The group discussed challenges with scheduling and hosting championship meets, particularly the timing of conference and state events. They agreed to each submit their ideas and opinions about the championship series format via email before their next meeting on September 9th. Patrick offered to explore hosting options with Jimmy, potentially using available pools in Lincoln, and confirmed the dates for sectional events at the Mizzou Aquatic Center (winter – March 12-15, 2026 and summer – July 15-18, 2026).

Adjournment: 9:35 p.m.

Reviewed
Betty L Kooy (Staff)



DATE: 09/09/2025
TIME: 8:30 p.m.
LOCATION Zoom Meeting

Meeting

- Midwestern Sanction Committee
- Meeting Purpose
 - Discussion of submitted winter meets submitted and requests for approved meets
 - Discussion of spring championship meets
- Attendees: Stefanie Martinez, David Nelson, Tara Goss, Oscar Edwards, Brian Adam (late), Patrick Rowan (late), Betty Kooy (staff)
- Absent:, Dave Edwards, Carter Hiley

Meeting Summary with AI Companion Created

Quick recap

The meeting focused on organizing and coordinating various swimming meets, including discussions about facility fees, event limits, and awards for different age groups and locations. The group addressed technical difficulties with current meeting links and reviewed policies and procedures for swim meet arrangements. They also discussed scheduling concerns, including late fees, approval status, and potential co-hosts for upcoming championship meets, with plans to follow up on pending issues with relevant stakeholders.

Next steps

- Betty: Clarify items for Council Bluffs January meet - program costs? awards for 12 & U; spectator fee? Check on CB facility fee policy
- Governance Committee: Request committee review the policies and procedures regarding facility fees and fee limits.
- Stefanie: Respond to Liz regarding her concerns about facility fees.
- Betty: Send names to Scott Bliss for the Zone meet committee
- Betty: Confirm entry chair for Lincoln Winterfest meet before publishing.

Summary

Meeting Challenges

Betty discussed technical difficulties with a meeting link and had sent updated log-in to committee; some were able to get in with capital letters in the passcode, some with lower case. Regarding Zone meeting to be chaired by Scott Bliss, it was noted that Tara should be invited despite not having attended the recent Zone meet. Stefanie and Betty agreed to send the list of possible attendees to Scott. Jimmy mentioned that Pat and Dave were absent (both eventually were able to attend), and the group decided to proceed with the non-Y items while waiting for late arrivals.

Swim Meet Facility Fee Discussion

The group discussed facility fees for swim meets, with Betty explaining that while Council Bluffs had initially requested a facility fee last year, they later withdrew the request. Stefanie suggested that facility fees should be dependent on the rules governing each facility, while Betty noted they would need to review policies and procedures regarding fee limits. The discussion clarified that Council Bluffs is only charging individual fees, relay fees, and a Midwestern fee, not a facility fee, and Betty agreed to investigate program costs charged by hosts.

Winter Swim Meet Discussion

CBSC and BSC: The group discussed meet details for Council Bluffs and Bellevue, focusing on event limits, fees, and awards. For Council Bluffs, they clarified that 12 and under awards should be included, and awards would be given for 11 and over sessions for the 11-12 year olds. For Bellevue, they noted no spectator fee, \$2 program fee per session, and a 4-event limit per day, with Mardi Gras beads given to heat winners. Jimmy expressed concern about the 4-event limit making meets too long, and Tara suggested that smaller teams might struggle to afford more expensive awards- Mardi Gras beads are cheap.

LSS: Committee OK with Meet.

SCH: Committee confirmed that the Sioux Center meet would have 5 events and ribbons for 1st-6th place finishes, with combined facility and surcharge fees of \$12. 50. The discussion also covered concerns about heat awards, with Tara suggesting that heat winners should receive recognition, and Betty confirmed that awards would be given to all participants. The group noted that the Sioux Center meet would be under the 4-hour time limit, as it had fewer than 100 swimmers the previous year.

SCSC: The group discussed the organization of the SCSC Presidents' Day meet, focusing on the need to implement a spectator fee instead of a facility fee due to school district policy. They agreed that the meet should be split into two sessions per day, one for 10-and-under swimmers and another for 11-and-over, with a three-event limit per session to prevent overcrowding, as the previous year's meet was chaotic with 45 heats of the 50 freestyle. Fee per event would be \$5.00. Suggestions will be made to SCSC with hopes the suggestions will be implemented. Sanction may be denied if meet does not comply with requests. This meet functions as a last chance meet and can anticipate large numbers again.

SCSC Tri: Group is good with the planned Triangular meet.

Approval Requests

HG: Grand Island HG Pentathlon is requesting approval which would allow USA Swimmers, Y Swimmers, and AAU swimmers, which Betty explained would provide more opportunities for more athletes. Jimmy expressed concerns about approval meets, while Betty clarified that only times for USAS swimmers would be entered into the USA Swimming database and MW databases.. The group agreed to have a follow-up conversation about approval meets, and David mentioned he would contact Tabitha Burnham, the head of the Y Swim League, to discuss potential solutions to ongoing issues between USA Swimming and the Y.

Y Meets - Approval Requests – HG, BARR, LYD; The group discussed the approval status of various swimming meets, noting that only two Y meets (Hastings and Norfolk) were currently approved, while others like Grand Island and Lincoln Y were pending due to questions regarding approval. They agreed to hold off on approving January meets until David and Stephanie have a conversation with the Y representative about potentially increasing the approval fees, potentially \$100 per meet. The group reviewed several fall Ymeets that need approval, including Grand Island, Beatrice, and Lincoln Y, with specific dates in October and November and will hold off on those and revisit at next meeting..

Late Fee Discussion

The committee discussed late fees for approved meets, with Jimmy arguing that Y clubs requesting approval should not be exempt from late fees since they should follow the same rules as other clubs submitting late requests and paperwork. Betty confirmed that all meet requests for approval were received 6 weeks prior to the meet dates, as required. The group agreed to hold off on approving the YMCA meets for October – December

(other than Hastings and Norfolk)and with David and Stefanie hoping to meeting with Tabitha to discuss Y meet issues.

Short Course Championship Meet Schedule Planning

The committee discussed scheduling for the short course championship swim meets, focusing on bids and dates for various age groups. The receipt of and forwarding of bids from Erica Storms/MAC was noted. The committee agreed on tentative dates for the age group meet (weekend before State) and a senior open meet (weekend after State), with the possibility of using the Sectionals weekend as a backup if no other bids are received. They also noted the need to post the remaining short course schedule and discussed the potential inclusion of 13-14 age groups in the age group meet. Bids that have been submitted are for late March and the committee strongly feels those dates are too late for the age group meet. Pat prefers a longer summer season as short course seems long and long course seems short.

Betty discussed scheduling two meets, one for senior (March 6-9)and one for age group (February 20-22). She will post the tentative January through March schedule and will also request any additional bids for the meets. Jimmy suggested BT possibly co-hosting with Fremont for the age group meet. Betty mentioned that no bids have been received for summer meets yet. Stefanie and David agreed to meet with Tabitha before the next committee meeting (Tuesday, September 23 at 8:30 pm) if possible to discuss the Y meets with David planning to email Tabitha beforehand. They also planned to follow up on the SCSC meet and communicate their preferences to ACE and MAC regarding the short course championship dates.

Adjournment: 9:35 p.m.

Reviewed
Betty L Kooy (Staff)

Governance Committee Report for BOD 9/16/2025

The Committee continues to work on changes to the Midwestern bylaws. Approved changes have been implemented.

We have also been working on the Policy and Procedures Manuel and the Board of Directors Manual. Some changes may be presented at today's meeting.

If anyone has or sees needed changes to the governing documents please send them to the Governance committee.

Stephen Marchitelli

Governance Committee Chair

MW Balance Sheet 091525

Midwestern Swimming, Inc.

As of September 15, 2025

DISTRIBUTION ACCOUNT	TOTAL
Assets	
Current Assets	
Bank Accounts	
102 Wells Fargo	88,099.52
122 Savings Wells Fargo	65,235.15
124 CD FNBO	119,099.77
129 PayPal Account	0.00
Bill.com Money Out Clearing	0.00
Total for Bank Accounts	\$272,434.44
Accounts Receivable	
1200 Accounts Receivable	0.00
Total for Accounts Receivable	\$0.00
Other Current Assets	
Payroll Refunds	0.00
Total for Other Current Assets	\$0.00
Total for Current Assets	\$272,434.44
Fixed Assets	
181 Depreciation	0.00
Total for Fixed Assets	\$0.00
Other Assets	0.00
Total for Assets	\$272,434.44
Liabilities and Equity	
Liabilities	
Current Liabilities	
Accounts Payable	
2000 Accounts Payable	0.00
Total for Accounts Payable	\$0.00
Credit Cards	
204 Credit Card - Kooy, Betty	0.00
Total for Credit Cards	\$0.00
Other Current Liabilities	
2001 Acct Pay	0.00
201 Prepaid USS Registrations	0.00
2100 Payroll Liabilities	0.00
211 Accrued PR Taxes	0.01
301 Payroll Tax	0.00
Direct Deposit Payable	0.00
Total for Other Current Liabilities	\$0.01
Total for Current Liabilities	\$0.01

MW Balance Sheet 091525

Midwestern Swimming, Inc.

As of September 15, 2025

DISTRIBUTION ACCOUNT	TOTAL
Long-term Liabilities	0.00
Total for Liabilities	\$0.01
Equity	
3000 Opening Bal Equity	0.00
3900 Retained Earnings	289,053.05
Net Income	-16,618.62
Total for Equity	\$272,434.43
Total for Liabilities and Equity	\$272,434.44

Midwestern Swimming, Inc.
Budget vs. Actuals: Budget_FY25_P&L - FY25 P&L
January - December 2025

	Actual	Budget	Total over Budget	% of Budget
Income				
415 Donations		0.00	0.00	
420 Interest Income	8.53	25.00	-16.47	34.12%
421 All Star Meet	8,466.68	9,000.00	-533.32	94.07%
423 Zone Meet	7,911.59	6,000.00	1,911.59	131.86%
431 MWS LSC Long Course	35,260.00	33,000.00	2,260.00	106.85%
432 MWS LSC Short Course	51,965.40	44,000.00	7,965.40	118.10%
441 MWS Sanction Fee	2,350.00	3,000.00	-650.00	78.33%
442 MWS Splash Fee	21,248.50	65,000.00	-43,751.50	32.69%
442.1 Splash Fee - SC Championships	5,011.50		5,011.50	
442.2 Splash Fee - LC Championships	3,256.50		3,256.50	
442.3 Splash Fee - Squad/Dual/Single Session	2,172.00		2,172.00	
Total 442 MWS Splash Fee	\$ 31,688.50	\$ 65,000.00	-\$ 33,311.50	48.75%
443 MWS Fines	480.00		480.00	
451 USS Athlete Membership		22,080.00	-22,080.00	0.00%
451.1 Athlete-Premium	8,592.00		8,592.00	
451.2 Athlete-Seasonal	441.70		441.70	
451.3 Athlete-Flex	1,248.00		1,248.00	
451.4 Athlete-Transfer	1,070.00		1,070.00	
451.5 Athlete-Outreach	30.00		30.00	
Total 451 USS Athlete Membership	\$ 11,381.70	\$ 22,080.00	-\$ 10,698.30	51.55%
452 USS Nonathlete Members		3,360.00	-3,360.00	0.00%
452.1 Non-Athlete Coach	979.20		979.20	
452.2 Non-Athlete Official	465.60		465.60	
452.3 Non-Athlete Adminstrator	105.50		105.50	
452.4 Other	172.80		172.80	
Total 452 USS Nonathlete Members	\$ 1,723.10	\$ 3,360.00	-\$ 1,636.90	51.28%
453 USS Club Memberships	1,728.00	4,680.00	-2,952.00	36.92%
489 LSC Awards Banquet Income		2,500.00	-2,500.00	0.00%
490 Coaches Clinic Income		2,500.00	-2,500.00	0.00%
Total Income	\$ 152,963.50	\$ 195,145.00	-\$ 42,181.50	78.38%
Gross Profit	\$ 152,963.50	\$ 195,145.00	-\$ 42,181.50	78.38%
Expenses				
521 All Star Meet Exp	17,076.23	16,000.00	1,076.23	106.73%
523 Zone Meet Exp	6,889.51	15,000.00	-8,110.49	45.93%
523.1 Zone Open Water	1,428.93	2,000.00	-571.07	71.45%
Total 523 Zone Meet Exp	\$ 8,318.44	\$ 17,000.00	-\$ 8,681.56	48.93%
526 Diversity Support	3,138.78	10,000.00	-6,861.22	31.39%
526.1 Outreach Meet Support	255.40		255.40	
Total 526 Diversity Support	\$ 3,394.18	\$ 10,000.00	-\$ 6,605.82	33.94%
527 Safe Sport		2,500.00	-2,500.00	0.00%
528 Athlete Leadership Committee		250.00	-250.00	0.00%
531 MWS LSC LongCourse	38,372.20	32,000.00	6,372.20	119.91%
532 MWS LSC ShortCourse	50,682.42	37,000.00	13,682.42	136.98%
541 Athlete Reimbursement		18,000.00	-18,000.00	0.00%
541.1 Sectional & Open Water	5,500.00		5,500.00	
541.2 TYR Pro/Futures	2,000.00		2,000.00	
541.3 Nat, Jr Nat, Open, Int Trials	4,500.00		4,500.00	
Total 541 Athlete Reimbursement	\$ 12,000.00	\$ 18,000.00	-\$ 6,000.00	66.67%
554 Club Rebates	1,575.00	1,000.00	575.00	157.50%
566 Insurance	365.00	380.00	-15.00	96.05%

568 Service Charge	8.45	100.00	-91.55	8.45%
571 Administration	28.00	13,000.00	-12,972.00	0.22%
571.1 Admin - HBE Monthly	6,287.70		6,287.70	
571.2 Admin-Intuit	1,244.00		1,244.00	
Total 571 Administration	\$ 7,559.70	\$ 13,000.00	-\$ 5,440.30	58.15%
572 Office Supplies	32.09	500.00	-467.91	6.42%
573 Admin Internet-Google/Constant Contact	1,186.79	1,000.00	186.79	118.68%
574 Admin Office Internet	1,057.93	1,200.00	-142.07	88.16%
575 Admin Postage		150.00	-150.00	0.00%
576 Admin Travel/Training			0.00	
576.1 Admin Travel-Mileage Reimburse	420.74	700.00	-279.26	60.11%
Total 576 Admin Travel/Training	\$ 420.74	\$ 700.00	-\$ 279.26	60.11%
577 National Workshop/Bus Mtg		10,000.00	-10,000.00	0.00%
577.2 Travel & Hotel	1,906.05		1,906.05	
Total 577 National Workshop/Bus Mtg	\$ 1,906.05	\$ 10,000.00	-\$ 8,093.95	19.06%
578 Officials Expense		7,500.00	-7,500.00	0.00%
578.2 Meet Costs-Shirts/NameTags	911.51		911.51	
578.3 Officials Reimbursement	1,100.00		1,100.00	
578.4 Champ Ref/Admin Lodging	102.20		102.20	
Total 578 Officials Expense	\$ 2,113.71	\$ 7,500.00	-\$ 5,386.29	28.18%
579 USA Swim Conference Expenses		500.00	-500.00	0.00%
580 Exec Sec Support Wages		29,000.00	-29,000.00	0.00%
581 Exec Secretary - Wage	19,333.36		19,333.36	
582 Payroll Taxes	1,479.00		1,479.00	
589 LSC Awards Banquet	70.90	5,500.00	-5,429.10	1.29%
589.1 Banquet	72.82		72.82	
589.2 Awards	830.76		830.76	
Total 589 LSC Awards Banquet	\$ 974.48	\$ 5,500.00	-\$ 4,525.52	17.72%
590 Coaches Clinic	1,048.34	5,000.00	-3,951.66	20.97%
592 Social Media/Advertising	583.01	1,200.00	-616.99	48.58%
595 Miscellaneous Expense		500.00	-500.00	0.00%
596 BOD Meeting Expenses	95.00	250.00	-155.00	38.00%
Total Expenses	\$ 169,582.12	\$ 210,230.00	-\$ 40,647.88	80.67%
Net Operating Income	-\$ 16,618.62	-\$ 15,085.00	-\$ 1,533.62	110.17%
Net Income	-\$ 16,618.62	-\$ 15,085.00	-\$ 1,533.62	110.17%

Monday, Sep 15, 2025 05:53:07 AM GMT-7 - Cash Basis

Statement of Activity
Midwestern Swimming, Inc.
January 1-September 15, 2025

Distribution account	Total
Income	
420 Interest Income	8.53
421 All Star Meet	8,466.68
423 Zone Meet	7,911.59
431 MWS LSC Long Course	35,260.00
432 MWS LSC Short Course	51,965.40
441 MWS Sanction Fee	2,350.00
442 MWS Splash Fee	21,248.50
442.1 Splash Fee - SC Championships	5,011.50
442.2 Splash Fee - LC Championships	3,256.50
442.3 Splash Fee - Squad/Dual/Single Session	2,172.00
Total for 442 MWS Splash Fee	\$31,688.50
443 MWS Fines	480.00
451 USS Athlete Membership	0.00
451.1 Athlete-Premium	8,592.00
451.2 Athlete-Seasonal	441.70
451.3 Athlete-Flex	1,248.00
451.4 Athlete-Transfer	1,070.00
451.5 Athlete-Outreach	30.00
Total for 451 USS Athlete Membership	\$11,381.70
452 USS Nonathlete Members	0.00
452.1 Non-Athlete Coach	979.20
452.2 Non-Athlete Official	465.60
452.3 Non-Athlete Administrator	105.50
452.4 Other	172.80
Total for 452 USS Nonathlete Members	\$1,723.10
453 USS Club Memberships	1,728.00
Total for Income	\$152,963.50
Cost of Goods Sold	0.00
Gross Profit	\$152,963.50
Expenses	
521 All Star Meet Exp	17,076.23
523 Zone Meet Exp	6,889.51
523.1 Zone Open Water	1,428.93
Total for 523 Zone Meet Exp	\$8,318.44
526 Diversity Support	3,138.78
526.1 Outreach Meet Support	255.40
Total for 526 Diversity Support	\$3,394.18
531 MWS LSC LongCourse	38,372.20
532 MWS LSC ShortCourse	50,682.42

541 Athlete Reimbursement	0.00
541.1 Sectional & Open Water	5,500.00
541.2 TYR Pro/Futures	2,000.00
541.3 Nat, Jr Nat, Open, Int Trials	4,500.00
Total for 541 Athlete Reimbursement	\$12,000.00
554 Club Rebates	1,575.00
566 Insurance	365.00
568 Service Charge	8.45
571 Administration	28.00
571.1 Admin - HBE Monthly	6,287.70
571.2 Admin-Intuit	1,244.00
Total for 571 Administration	\$7,559.70
572 Office Supplies	32.09
573 Admin Internet-Google/Constant Contact	1,186.79
574 Admin Office Internet	1,057.93
576 Admin Travel/Training	0.00
576.1 Admin Travel-Mileage Reimburse	420.74
Total for 576 Admin Travel/Training	\$420.74
577 National Workshop/Bus Mtg	0.00
577.2 Travel & Hotel	1,906.05
Total for 577 National Workshop/Bus Mtg	\$1,906.05
578 Officials Expense	0.00
578.2 Meet Costs-Shirts/NameTags	911.51
578.3 Officials Reimbursement	1,100.00
578.4 Champ Ref/Admin Lodging	102.20
Total for 578 Officials Expense	\$2,113.71
581 Exec Secretary - Wage	19,333.36
582 Payroll Taxes	1,479.00
589 LSC Awards Banquet	70.90
589.1 Banquet	72.82
589.2 Awards	830.76
Total for 589 LSC Awards Banquet	\$974.48
590 Coaches Clinic	1,048.34
592 Social Media/Advertising	583.01
596 BOD Meeting Expenses	95.00
Total for Expenses	\$169,582.12
Net Operating Income	-\$16,618.62
Other Income	0.00
Other Expenses	0.00
Net Other Income	\$0.00
Net Income	-\$16,618.62