

Midwestern Short Course Records after 2008-2009

8 & U Short Course Records

Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
8 & Under	25y	Free	14.57	2005	MW-HLA	Alexis Altmaier
8 & Under	50y	Free	31.21	1990	MW-PLC	Katherine Churchill
8 & Under	100y	Free	1:08.85	1990	MW-PLC	Katherine Churchill
8 & Under	25y	Back	17.05	2009	MW-HLA	Shelby Mullendore
8 & Under	50y	Back	36.09	2009	MW-HLA	Shelby Mullendore
8 & Under	25y	Breast	18.81	1990	MW-PLC	Katherine Churchill
8 & Under	50y	Breast	41.07	1986	MW-OWSC	Brenda Passmore
8 & Under	25y	Fly	15.63	2002	MW-SO	Kristy Kunkel
8 & Under	50y	Fly	34.98	1998	MW-SO	Jordan Hagar
8 & Under	100y	Ind Med	1:20.28	1990	MW-PLC	Katherine Churchill
8 & Under	200y	Ind Med	2:47.03	1990	MW-PLC	Katherine Churchill
8 & Under	100y	Fr Rel	1:05.08	1998	MW-CBSC	Amber Clemons, Ashley Doran, Brooke VanMeeteren, Samantha Stivers
8 & Under	200y	Fr Rel	2:23.39	2007	MW-MAC	Anya Lindholm, Holly Hopson, Sierra Athow, Jenna Gornall
8 & Under	100y	Med Rel	1:16.55	1978	MW-OWSC	Peterson, Kixmiller, Larson, Sherman
8 & Under	200y	Med Rel	2:47.29	2007	MW-MAC	Jenna Gornall, Anya Lindholm, Holly Hopson, Sierra Athow

Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
8 & Under	25y	Free	13.01	2004	MW-HLA	Jacob Molacek
8 & Under	50y	Free	29.21	2004	MW-HLA	Jacob Molacek
8 & Under	100y	Free	1:03.41	2004	MW-HLA	Jacob Molacek
8 & Under	25y	Back	16.02	2004	MW-HLA	Jacob Molacek
8 & Under	50y	Back	34.14	2004	MW-HLA	Jacob Molacek
8 & Under	25y	Breast	17.20	2004	MW-HLA	Jacob Molacek
8 & Under	50y	Breast	38.58	2004	MW-HLA	Jacob Molacek
8 & Under	25y	Fly	14.06	2004	MW-HLA	Jacob Molacek
8 & Under	50y	Fly	32.11	2004	MW-HLA	Jacob Molacek
8 & Under	100y	Ind Med	1:13.83	2004	MW-HLA	Jacob Molacek
8 & Under	200y	Ind Med	2:36.44	1996	MW-MAC	Kevin Ensor
8 & Under	100y	Fr Rel	1:05.06	1978	MW-NA	Eric Wright, Geoff Basler, Paul Nelsen, Mark Graves
8 & Under	200y	Fr Rel	2:09.18	1979	MW-BSC	Ragsdale, Sherman, Nielsen, Steele
8 & Under	100y	Med Rel	1:14.78	1988	MW-SCS	Dan Patee, Sean Chartier, Michael LaPlante, Tony Reinking
8 & Under	200y	Med Rel	2:38.73	2004	MW-SO	Clark Ikezu, David Hansen, Reece Hagar, Andrew Hansen

Midwestern Short Course Records after 2008-2009

10 & U Short Course Records

Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
10 & Under	50y	Free	27.32	2004	MW-MAC	Chaeli Quandt
10 & Under	100y	Free	58.40	1990	MW-MOST	Meredith Sides
10 & Under	200y	Free	2:07.90	1990	MW-MOST	Meredith Sides
10 & Under	500y	Free	6:05.08	2008	MW-HLA	Alexis Altmaier
10 & Under	50y	Back	31.90	2000	MW-SO	Jensen Henry
10 & Under	100y	Back	1:08.95	1998	MW-SO	Colleen Criss
10 & Under	50y	Breast	34.88	1988	MW-OWSC	Brenda Passmore
10 & Under	100y	Breast	1:17.44	1990	MW-MOST	Kelly Palko
10 & Under	50y	Fly	29.52	2004	MW-MAC	Chaeli Quandt
10 & Under	100y	Fly	1:06.31	1987	MW-TN	Elizabeth Sherwood
10 & Under	100y	Ind Med	1:08.56	1990	MW-MOST	Meredith Sides
10 & Under	200y	Ind Med	2:28.47	1977	MW-OWSC	Jill Stuva
10 & Under	200y	Fr Rel	1:58.09	1979	MW-OWSC	Kirchhoff, Farber, Rosenberg, Rosenberg
10 & Under	200y	Med Rel	2:13.57	2009	MW-GNST	Emma Vertin, Linzie Kreizel, Dannie Dilsaver, Caroline Theil

Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
10 & Under	50y	Free	26.11	1989	MW-BTSC	Coley Stickels
10 & Under	100y	Free	57.49	2006	MW-HLA	Jacob Molacek
10 & Under	200y	Free	2:05.92	2008	MW-UN	Brennan Balogh
10 & Under	500y	Free	5:37.44	2006	MW-HLA	Jacob Molacek
10 & Under	50y	Back	29.83	2006	MW-HLA	Jacob Molacek
10 & Under	100y	Back	1:04.90	2008	MW-UN	Brennan Balogh
10 & Under	50y	Breast	34.72	2004	MW-NA	Tim Gladyshev
10 & Under	100y	Breast	1:15.64	2008	MW-UN	Brennan Balogh
10 & Under	50y	Fly	28.84	1977	MW-OWSC	David Lammel
10 & Under	100y	Fly	1:05.55	1998	MW-UN	Kevin Ensor
10 & Under	100y	Ind Med	1:05.68	2008	MW-UN	Brennan Balogh
10 & Under	200y	Ind Med	2:19.98	2008	MW-UN	Brennan Balogh
10 & Under	200y	Fr Rel	1:57.78	1977	MW-OWSC	McClure, Derron Fredrick, David Lammel, Folda
10 & Under	200y	Med Rel	2:13.57	1979	MW-NA	JB Barr, John Wilson, Scott Steele, Pat McGinn

Midwestern Short Course Records after 2008-2009

11-12 Short Course Records

Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
11-12	50y	Free	24.94	2001	MW-SO	Kaitlin Arntz
11-12	100y	Free	54.13	1985	MW-OSAC	Heather Welch
11-12	200y	Free	1:57.44	1986	MW-OSAC	Heather Welch
11-12	500y	Free	5:08.06	1986	MW-OSAC	Diana Melrose
11-12	1000y	Free	10:31.68	2001	MW-OSAC	Jenn Kocsis
11-12	1650y	Free	17:45.35	2001	MW-OSAC	Jenn Kocsis
11-12	50y	Back	28.57	1994	MW-BTSC	Betsy Hassebroek
11-12	100y	Back	1:01.22	1994	MW-BTSC	Betsy Hassebroek
11-12	200y	Back	2:18.81	2008	MW-MOST	Emily Parks
11-12	50y	Breast	31.39	1999	MW-MAC	Jessie Bailis
11-12	100y	Breast	1:07.90	1999	MW-MAC	Jessie Bailis
11-12	200y	Breast	2:35.54	2003	MW-SSD	Michaela Heinz
11-12	50y	Fly	27.40	1986	MW-NA	LaDonnis Loury
11-12	100y	Fly	59.97	1986	MW-NA	LaDonnis Loury
11-12	200y	Fly	2:23.55	2007	MW-GNST	Rebecca Breeden
11-12	100y	Ind Med	1:01.49	2001	MW-SO	Kaitlin Arntz
11-12	200y	Ind Med	2:11.33	1986	MW-OSAC	Heather Welch
11-12	400y	Ind Med	4:56.13	2008	MW-GOAL	Mary Kate Luddy
11-12	200y	Fr Rel	1:45.80	1999	MW-MOST	Beth Roach, Jennifer Neiman, Adrienne Losee, Elizabeth Baltzell
11-12	400y	Fr Rel	3:53.93	1999	MW-MOST	Jennifer Neiman, Beth Roach, Adrienne Losee, Elizabeth Baltzell
11-12	200y	Med Rel	1:58.83	1992	MW-MOST	Ali Petersen, Terese Jung, Meredith Sides, Shandra Johnson
11-12		Med Rel	4:21.89	1992	MW-MOST	Ali Petersen, Terese Jung, Meredith Sides, Shandra Johnson

Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
11-12	50y	Free	23.13	1991	MW-BTSC	Coley Stickels
11-12	100y	Free	51.19	1991	MW-BTSC	Coley Stickels
11-12	200y	Free	1:52.89	1991	MW-BTSC	Coley Stickels
11-12	500y	Free	5:04.47	1992	MW-OSAC	Michael Wasser
11-12	1000y	Free	10:46.84	2009	MW-LSS	Alex Kuszak
11-12	1650y	Free	17:57.65	2009	MW-LSS	Alex Kuszak
11-12	50y	Back	27.61	1995	MW-SSD	Steven Wiltgen
11-12	100y	Back	1:00.01	2009	MW-LSS	Brennan Balogh
11-12	200y	Back	2:09.91	2009	MW-LSS	Brennan Balogh
11-12	50y	Breast	30.07	2000	MW-NA	Jerr Merritt
11-12	100y	Breast	1:06.06	2000	MW-NA	Jerr Merritt
11-12	200y	Breast	2:36.46	2000	MW-NA	Jerr Merritt
11-12	50y	Fly	26.18	1998	MW-SCM	John Den Beste
11-12	100y	Fly	57.72	1997	MW-SO	Travis Stensby
11-12	200y	Fly	2:15.49	2009	MW-LSS	Brennan Balogh
11-12	100y	Ind Med	1:00.66	1991	MW-BTSC	Coley Stickels
11-12	200y	Ind Med	2:10.73	1997	MW-MOST	Jesse Neiman
11-12	400y	Ind Med	4:43.03	2008	MW-LSS	Jacob Molacek
11-12	200y	Fr Rel	1:42.38	2009	MW-LSS	Jacob Pales, Brennan Balogh, Griffin Day, Alex Kuszak
11-12	400y	Fr Rel	3:41.75	2009	MW-LSS	Brennan Balogh, Jacob Pales, Griffin Day, Alex Kuszak
11-12	200y	Med Rel	1:52.95	2009	MW-LSS	Brennan Balogh, Jacob Pales, Griffin Day, Alex Kuszak
11-12	400y	Med Rel	4:11.29	1997	MW-MOST	Brennan Balogh, Jacob Pales, Griffin Day, Alex Kuszak

Midwestern Short Course Records after 2008-2009

13-14 Short Course Records

Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
13-14	50y	Free	23.73	2002	MW-SO	Erin Holtmeyer
13-14	100y	Free	52.39	2002	MW-SO	Karen Criss
13-14	200y	Free	1:52.37	2003	MW-SO	Jenn Kocsis
13-14	500y	Free	4:58.12	2003	MW-SO	Jenn Kocsis
13-14	1000y	Free	10:06.06	1985	MW-OSAC	Wendy King
13-14	1650y	Free	17:01.27	2003	MW-OSAC	Jenn Kocsis
13-14	100y	Back	57.29	2002	MW-SO	Karen Criss
13-14	200y	Back	2:05.06	1994	MW-MOST	Ali Petersen
13-14	100y	Breast	1:03.90	2001	MW-MAC	Jessie Bailis
13-14	200y	Breast	2:25.41	1990	MW-BBSC	Carrie Johnson
13-14	100y	Fly	55.57	1987	MW-NA	LaDonnis Loury
13-14	200y	Fly	2:02.95	1987	MW-NA	LaDonnis Loury
13-14	200y	Ind Med	2:06.98	1994	MW-MOST	Shandra Johnson
13-14	400y	Ind Med	4:32.57	1987	MW-NA	LaDonnis Loury
13-14	200y	Fr Rel	1:36.38	1993	MW-MOST	Shandra Johnson, Ali Petersen, Terese Jung, Natasha Soby
13-14	400y	Fr Rel	3:32.84	2002	MW-SO	Erin Holtmeyer, Colleen Criss, Kaitlin Arntz, Karen Criss
13-14	800y	Fr Rel	7:52.67	2002	MW-SO	Karen Criss, Lindsay Kline, Kaitlin Arntz, Jenn Kocsis
13-14	200y	Med Rel	1:51.94	2000	MW-MAC	Katie Shald, Jessie Bailis, Kristy Gmeiner, Emily Pufall
13-14	400y	Med Rel	4:00.97	2002	MW-SO	Karen Criss, Colleen Criss, Erin Holtmeyer, Kaitlin Arntz

Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
13-14	50y	Free	21.93	1993	MW-MOST	Coley Stickels
13-14	100y	Free	48.53	1993	MW-MOST	Coley Stickels
13-14	200y	Free	1:44.04	1989	MW-OSAC	Tom Niemann
13-14	500y	Free	4:43.38	1998	MW-MOST	James Sewell
13-14	1000y	Free	9:43.22	1981	MW-BSC	Chuck Jones
13-14	1650y	Free	16:08.89	1981	MW-BSC	Chuck Jones
13-14	100y	Back	55.41	1997	MW-SSD	Steven Wiltgen
13-14	200y	Back	2:00.14	1998	MW-MOST	James Sewell
13-14	100y	Breast	1:01.18	1988	MW-NA	Rich Nolte
13-14	200y	Breast	2:16.07	1978	MW-LSC	Aaron Drake
13-14	100y	Fly	53.27	1999	MW-SO	Travis Stensby
13-14	200y	Fly	1:58.88	1999	MW-SO	Travis Stensby
13-14	200y	Ind Med	2:02.14	1985	MW-OSAC	Matt Gabrielson
13-14	400y	Ind Med	4:11.33	1998	MW-MOST	James Sewell
13-14	200y	Fr Rel	1:32.12	1991	MW-MOST	Aaron Wills, Steve Jackson, Sam Tynan, Matt Benson
13-14	400y	Fr Rel	3:25.92	1988	MW-TN	Bryan Kratky, Derek Ahl, PJ Wiseman, Doug Humphrey
13-14	800y	Fr Rel	7:31.70	1991	MW-MOST	Aaron Wills, Matt Benson, Michael Jung, Steve Jackson
13-14	200y	Med Rel	1:45.73	1991	MW-MOST	Michael Jung, Matt Benson, Aaron Wills, Steve Jackson
13-14	400y	Med Rel	3:53.62	1998	MW-MOST	Tony Hollingsworth, Jesse Neiman, Chris Brammer, James Sewell

Midwestern Short Course Records after 2008-2009

15-16 Short Course Records

Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
15-16	50y	Free	23.39	2003	MW-SO	Erin Holtmeyer
15-16	100y	Free	50.93	1995	MW-MOST	Shandra Johnson
15-16	200y	Free	1:49.87	2004	MW-SO	Jenn Kocsis
15-16	500y	Free	4:54.95	2005	MW-SO	Jenn Kocsis
15-16	1000y	Free	10:03.72	992	MW-MOST	Shandra Johnson
15-16	1650y	Free	16:54.55	1992	MW-OSAC	Lisa Arent
15-16	100y	Back	56.55	2003	MW-SO	Karen Criss
15-16	200y	Back	1:59.70	1995	MW-MOST	Shandra Johnson
15-16	100y	Breast	1:02.86	2003	MW-MAC	Jessie Bailis
15-16	200y	Breast	2:21.82	2005	MW-SO	Kaitlin Arntz
15-16	100y	Fly	55.44	1988	MW-NA	LaDonnis Loury
15-16	200y	Fly	2:04.98	1996	MW-SO	Beth Williams
15-16	200y	Ind Med	2:04.28	1995	MW-MOST	Shandra Johnson
15-16	400y	Ind Med	4:25.00	1995	MW-MOST	Shandra Johnson
15-16	200y	Fr Rel	1:41.80	2002	MW-SO	Erin Holtmeyer, Beth Roach, Colleen Criss, Karen Criss
15-16	400y	Fr Rel	3:40.29	2002	MW-SO	Colleen Criss, Beth Roach, Erin Holtmeyer, Karen Criss
15-16	800y	Fr Rel	7:51.90	2002	MW-SO	Beth Roach, Colleen Criss, Erin Holtmeyer, Karen Criss
15-16	200y	Med Rel	1:53.64	2002	MW-SO	Karen Criss, Colleen Criss, Erin Holtmeyer, Beth Roach
15-16	400y	Med Rel	4:08.66	2002	MW-SO	Karen Criss, Colleen Criss, Erin Holtmeyer, Beth Roach

Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
15-16	50y	Free	20.66	2009	MW-UN	Ryan Bubb
15-16	100y	Free	46.35	2003	MW-SO	Zac Samland
15-16	200y	Free	1:40.76	1990	MW-TN	Doug Humphrey
15-16	500y	Free	4:32.26	2009	MW-GOAL	Caleb Schuermann
15-16	1000y	Free	9:26.81	1989	MW-OSAC	David Rosenberg
15-16	1650y	Free	15:38.39	1987	MW-OSAC	Matt Barager
15-16	100y	Back	51.80	2000	MW-CKST	Adam Mania
15-16	200y	Back	1:52.29	1997	MW-SO	Jim Townley
15-16	100y	Breast	57.28	1997	MW-MAC	David Anderson
15-16	200y	Breast	2:06.16	1997	MW-MAC	David Anderson
15-16	100y	Fly	48.92	2009	MW-UN	Ryan Bubb
15-16	200y	Fly	1:51.48	1986	MW-OSAC	Matt Gabrielson
15-16	200y	Ind Med	1:52.25	2009	MW-UN	Caleb Schuermann
15-16	400y	Ind Med	4:07.74	1986	MW-OSAC	Matt Gabrielson
15-16	200y	Fr Rel	1:35.24	1992	MW-MOST	Aaron Wills, Sam Tynan, Matt Benson Steve Jackson
15-16	400y	Fr Rel	3:22.28	1988	MW-NA	Rich Nolte, Eric Wright, David Foster, Mike Schepers
15-16	800y	Fr Rel	7:19.82	1993	MW-MOST	Steve Jackson, Coley Stickels, Matt Benson, Aaron Wills
15-16	200y	Med Rel	1:44.72	2005	MW-SO	Trevor Woods, Zach Hensley, Mauro Siso, Adam Samson
15-16	400y	Med Rel	3:40.96	1989	MW-NA	Charlie Larson, Rich Nolte, Eric Wright, Mike Gruber

Midwestern Short Course Records after 2008-2009

17-18 Short Course Records

Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
17-18	50y	Free	23.20	2001	MW-SO	Katie Eckholt
17-18	100y	Free	50.43	2001	MW-SO	Katie Eckholt
17-18	200y	Free	1:46.53	1998	MW-UNL	Shandra Johnson
17-18	500y	Free	4:43.48	1998	MW-UNL	Shandra Johnson
17-18	1000y	Free	9:59.26	1997	MW-MOST	Shandra Johnson
17-18	1650y	Free	16:39.75	1994	MW-UNL	BriAnna Wilkins
17-18	100y	Back	56.13	1997	MW-MOST	Shandra Johnson
17-18	200y	Back	1:58.35	1998	MW-UNL	Shandra Johnson
17-18	100y	Breast	1:03.37	2004	MW-MAC	Jessie Bailis
17-18	200y	Breast	2:19.42	2009	MW-GOAL	Afton Robertson
17-18	100y	Fly	55.71	2009	MW-UNL	Shannon Guy
17-18	200y	Fly	2:04.67	1996	MW-SO	Irene Schneider
17-18	200y	Ind Med	2:03.29	1997	MW-MOST	Shandra Johnson
17-18	400y	Ind Med	4:21.76	1994	MW-UNL	BriAnna Wilkins
17-18	200y	Fr Rel				
17-18	400y	Fr Rel	3:45.39	1982	MW-NA	Capek, Wright, Molaskey, Prey
17-18	800y	Fr Rel	8:28.16	1982	MW-NA	Wright, Zuick, Prey, Molaskey
17-18	200y	Med Rel				
17-18	400y	Med Rel	4:23.25	1982	MW-NA	Wright, Molaskey, Capek, Zuick

Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
17-18	50y	Free	20.39	1997	MW-SO	David Morrow
17-18	100y	Free	44.81	1997	MW-SO	David Morrow
17-18	200y	Free	1:38.96	1992	MW-UNL	Doug Humphrey
17-18	500y	Free	4:27.44	1992	MW-UNL	Doug Humphrey
17-18	1000y	Free	9:09.46	1989	MW-OSAC	Matt Barager
17-18	1650y	Free	15:19.63	1989	MW-OSAC	Matt Barager
17-18	100y	Back	49.08	2002	MW-CKST	Adam Mania
17-18	200y	Back	1:48.74	2002	MW-CKST	Adam Mania
17-18	100y	Breast	56.10	1998	MW-MAC	David Anderson
17-18	200y	Breast	2:03.18	2002	MW-GOAL	Sean Kelly
17-18	100y	Fly	49.34	1984	MW-MS	David Lammel
17-18	200y	Fly	1:51.10	1987	MW-OSAC	Matt Gabrielson
17-18	200y	Ind Med	1:51.94	1992	MW-SO	PJ Wiseman
17-18	400y	Ind Med	3:59.67	1989	MW-NA	Paul Nelsen
17-18	200y	Fr Rel	1:33.82	2007	MW-GNST	Jon Rye, Sam Kiddoo, Garrett Daugherty, Josh Bennett
17-18	400y	Fr Rel	3:04.15	1992	MW-SO	Bryon Butz, Chris Mailliard, Jason Knudsen, PJ Wiseman
17-18	800y	Fr Rel	6:53.05	1992	MW-SO	Chris Mailliard, PJ Wiseman, Jason Knudsen, Brian Davis
17-18	200y	Med Rel	1:44.74	2004	MW-MS	Drew Little, Tim Scheuber, Drew Olson, Jordan Lacy
17-18	400y	Med Rel	3:30.49	1990	MW-NA	Charlie Larsen, Rich Nolte, Eric Wright, Mike Gruber

Midwestern Short Course Records after 2008-2009

Senior Short Course Records

Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
Senior	50y	Free	23.20	2001	MW-SO	Katie Eckholt
Senior	100y	Free	50.17	2002	MW-UN	Helene Muller
Senior	200y	Free	1:46.53	1998	MW-UNL	Shandra Johnson
Senior	500y	Free	4:43.48	1998	MW-UNL	Shandra Johnson
Senior	1000y	Free	9:59.26	1997	MW-MOST	Shandra Johnson
Senior	1650y	Free	16:39.75	1994	MW-UNL	BriAnna Wilkins
Senior	100y	Back	56.13	1997	MW-MOST	Shandra Johnson
Senior	200y	Back	1:58.35	1998	MW-UNL	Shandra Johnson
Senior	100y	Breast	1:02.86	2003	MW-MAC	Jessie Bailis
Senior	200y	Breast	2:19.42	2009	MW-GOAL	Afton Robertson
Senior	100y	Fly	55.44	1988	MW-NA	LaDonnis Loury
Senior	200y	Fly	2:02.95	1987	MW-NA	LaDonnis Loury
Senior	200y	Ind Med	2:03.29	1997	MW-MOST	Shandra Johnson
Senior	400y	Ind Med	4:21.76	1994	MW-UNL	BriAnna Wilkins
Senior	200y	Fr Rel	1:36.38	1993	MW-MOST	Shandra Johnson, Ali Petersen, Terese Jung, Natasha Soby
Senior	400y	Fr Rel	3:27.58	2003	MW-SO	Karen Criss, Erin Holtmeyer, Beth Roach, Michelle Criss
Senior	800y	Fr Rel	7:36.92	2003	MW-SO	Beth Roach, Jenn Kocsis, Erin Holtmeyer, Karen Criss
Senior	200y	Med Rel	1:51.94	2000	MW-MAC	Katie Shald, Jessie Bailis, Kristy Gmeiner, Emily Pufall
Senior	400y	Med Rel	3:54.56	1995	MW-MOST	Ali Petersen, Abraham, Steph Torrens, Shandra Johnson

Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
Senior	50y	Free	20.29	1989	MW-UNL	Bob Fitzpatrick
Senior	100y	Free	44.81	1997	MW-SO	David Morrow
Senior	200y	Free	1:38.96	1992	MW-UNL	Doug Humphrey
Senior	500y	Free	4:27.44	1992	MW-UNL	Doug Humphrey
Senior	1000y	Free	9:09.46	1989	MW-OSAC	Matt Barager
Senior	1650y	Free	15:19.63	1989	MW-OSAC	Matt Barager
Senior	100y	Back	49.08	2002	MW-CKST	Adam Mania
Senior	200y	Back	1:48.49	1997	MW-UN	Eric Rasser
Senior	100y	Breast	56.10	1998	MW-MAC	David Anderson
Senior	200y	Breast	2:05.02	1992	MW-NA	Jan Bidrman
Senior	100y	Fly	48.92	2009	MW-UN	Ryan Bubb
Senior	200y	Fly	1:51.02	1992	MW-NA	Jan Bidrman
Senior	200y	Ind Med	1:49.18	1991	MW-NA	Mike Irvin
Senior	400y	Ind Med	3:51.70	1990	MW-NA	Mike Irvin
Senior	200y	Fr Rel	1:26.65	2008	MW-SO	Errond Williams, Zac Samland, Brendan Zubrod, Billy Kunkel
Senior	400y	Fr Rel	3:04.15	1992	MW-SO	Bryon Butz, Chris Mailliard, Jason Knudsen, PJ Wiseman
Senior	800y	Fr Rel	6:53.05	1992	MW-SO	Chris Mailliard, PJ Wiseman, Jason Knudsen, Brian Davis
Senior	200y	Med Rel	1:40.08	2008	MW-SO	Kyle Hellyer, Peter Coleman, Zac Samland, Brendan Zubrod
Senior	400y	Med Rel	3:30.37	1991	MW-SO	Chris Maillaird, PJ Wiseman, Derek Ahl, Doug Humphrey