

**2009 MW MAC Pentathlon - 11/13/2009 to 11/15/2009**  
**Omaha NE Millard West HS - 25 yd, Sanction #: MWS09032**

**Results**

**Girls 8&U 25 Yard Free**

Name	Age	Team	Finals Time
1 Worthington, Emma L	8	MAC-MW	16.20
2 Berentson, Gracie E	8	SO-MW	16.73
3 Livingston, Berkeley F	8	GNST-MW	16.85
4 Hagar, Payton M	8	SO-MW	17.09
5 Miceli, Isabella J	8	MAC-MW	17.45
6 Hall, Payton E	8	MAC-MW	17.47
7 Bell, Allyse E	8	MOST-MV	17.57
8 Theil, Olivia R	8	GNST-MW	17.58
9 Clarkson, Sami S	8	ACE-MW	17.61
10 McCoy, Kate A	8	MAC-MW	17.82
11 Kreizel, Lexie L	7	GNST-MW	17.91
12 Tran, Michelle Q	8	MOST-MV	18.12
13 Swanson, Kjersti E	8	SO-MW	18.15
14 Pawloski, Zoe J	8	CBSC-MW	19.10
15 Haney, McKenna K	7	ACE-MW	20.15
16 Piippo, Hayley K	7	GNST-MW	20.67
17 Altmaier, Jillian D	7	HLA-MW	21.59
18 Dilsaver, Kate M	6	GNST-MW	22.17
19 Bartek, Elyse R	8	MOST-MV	22.48
20 Hailu, Hannah A	6	GOAL-MV	22.54
21 McGargill, Abby G	7	MAC-MW	22.65
22 Lindell, Eva K	7	ACE-MW	24.00
23 Asnes, Hattie E	8	MAC-MW	24.15
24 Kelleher, Anna J	7	MAC-MW	24.53
25 Dwyer, Maddy H	6	MAC-MW	24.88
26 Ulferts, Anna J	7	GOAL-MV	25.16
27 Snow, Mia J	6	GOAL-MV	25.50
28 Hezel, Ola G	6	MS-MW	32.38
29 Benjamin, Emily A	6	MAC-MW	40.27

**Girls 8&U 25 Yard Back**

Name	Age	Team	Finals Time
1 Worthington, Emma L	8	MAC-MW	19.03
2 McCoy, Kate A	8	MAC-MW	20.08
3 Hall, Payton E	8	MAC-MW	20.39
4 Pawloski, Zoe J	8	CBSC-MW	20.43
5 Berentson, Gracie E	8	SO-MW	21.40
6 Jacob, Erin P	8	MAC-MW	21.80
7 Livingston, Berkeley F	8	GNST-MW	21.81
8 Hagar, Payton M	8	SO-MW	22.04
9 Bell, Allyse E	8	MOST-MV	22.22
10 Swanson, Kjersti E	8	SO-MW	22.34
11 Kreizel, Lexie L	7	GNST-MW	22.58
12 Theil, Olivia R	8	GNST-MW	22.61
13 Dilsaver, Kate M	6	GNST-MW	23.26
14 Tran, Michelle Q	8	MOST-MV	23.78
15 Miceli, Isabella J	8	MAC-MW	23.80
16 Altmaier, Jillian D	7	HLA-MW	24.47
17 Clarkson, Sami S	8	ACE-MW	24.50
18 Piippo, Hayley K	7	GNST-MW	24.81
19 Ulferts, Anna J	7	GOAL-MV	25.01
20 Haney, McKenna K	7	ACE-MW	25.26
21 McGargill, Abby G	7	MAC-MW	26.20
22 Asnes, Hattie E	8	MAC-MW	26.42

23 Hailu, Hannah A	6	GOAL-MV	27.23
24 Lindell, Eva K	7	ACE-MW	27.27
25 Kelleher, Anna J	7	MAC-MW	27.33
26 Bartek, Elyse R	8	MOST-MV	27.58
27 Snow, Mia J	6	GOAL-MV	29.30
28 Dwyer, Maddy H	6	MAC-MW	29.80
29 Hezel, Ola G	6	MS-MW	31.51
30 Benjamin, Emily A	6	MAC-MW	36.16

**Girls 8&U 25 Yard Breast**

Name	Age	Team	Finals Time
1 Berentson, Gracie E	8	SO-MW	22.17
2 Worthington, Emma L	8	MAC-MW	22.45
3 Hall, Payton E	8	MAC-MW	22.71
4 McCoy, Kate A	8	MAC-MW	23.04
5 Bell, Allyse E	8	MOST-MV	23.27
6 Kreizel, Lexie L	7	GNST-MW	24.04
7 Clarkson, Sami S	8	ACE-MW	24.06
8 Hagar, Payton M	8	SO-MW	25.02
9 Miceli, Isabella J	8	MAC-MW	25.47
10 Swanson, Kjersti E	8	SO-MW	25.67
11 McGargill, Abby G	7	MAC-MW	25.88
12 Tran, Michelle Q	8	MOST-MV	25.98
13 Livingston, Berkeley F	8	GNST-MW	26.64
14 Pawloski, Zoe J	8	CBSC-MW	27.33
15 Theil, Olivia R	8	GNST-MW	27.75
16 Dilsaver, Kate M	6	GNST-MW	29.54
17 Altmaier, Jillian D	7	HLA-MW	29.68
18 Haney, McKenna K	7	ACE-MW	30.97
19 Bartek, Elyse R	8	MOST-MV	35.56
20 Hailu, Hannah A	6	GOAL-MV	42.06
21 Hezel, Ola G	6	MS-MW	44.33
--- Snow, Mia J	6	GOAL-MV	DQ
--- Dwyer, Maddy H	6	MAC-MW	DQ
--- Piippo, Hayley K	7	GNST-MW	DQ
--- Ulferts, Anna J	7	GOAL-MV	DQ
--- Lindell, Eva K	7	ACE-MW	DQ

**Girls 8&U 25 Yard Fly**

Name	Age	Team	Finals Time
1 McCoy, Kate A	8	MAC-MW	17.18
2 Hall, Payton E	8	MAC-MW	18.35
3 Berentson, Gracie E	8	SO-MW	18.61
4 Worthington, Emma L	8	MAC-MW	18.71
5 Kreizel, Lexie L	7	GNST-MW	18.78
6 Livingston, Berkeley F	8	GNST-MW	20.48
7 Swanson, Kjersti E	8	SO-MW	20.54
8 Hagar, Payton M	8	SO-MW	20.95
9 Pawloski, Zoe J	8	CBSC-MW	21.11
10 Jacob, Erin P	8	MAC-MW	21.98
11 Theil, Olivia R	8	GNST-MW	22.13
12 Dilsaver, Kate M	6	GNST-MW	22.45
13 Clarkson, Sami S	8	ACE-MW	22.53
14 Tran, Michelle Q	8	MOST-MV	23.72
15 Miceli, Isabella J	8	MAC-MW	23.79
16 Haney, McKenna K	7	ACE-MW	24.01
17 Bell, Allyse E	8	MOST-MV	24.12

18 Bartek, Elyse R	8	MOST-MV	24.23
19 Hailu, Hannah A	6	GOAL-MV	24.76
20 Altmaier, Jillian D	7	HLA-MW	25.46
21 Lindell, Eva K	7	ACE-MW	31.70
22 Ulferts, Anna J	7	GOAL-MV	33.27
23 Hezel, Ola G	6	MS-MW	48.24
--- Piippo, Hayley K	7	GNST-MW	DQ

**Girls 8&U 100 Yard IM**

Name	Age	Team	Finals Time
1 Worthington, Emma L	8	MAC-MW	1:33.56
2 Hall, Payton E	8	MAC-MW	1:34.93
3 Kreizel, Lexie L	7	GNST-MW	1:36.57
4 Hagar, Payton M	8	SO-MW	1:37.29
5 Berentson, Gracie E	8	SO-MW	1:39.73
6 McCoy, Kate A	8	MAC-MW	1:41.05
7 Theil, Olivia R	8	GNST-MW	1:41.28
8 Clarkson, Sami S	8	ACE-MW	1:43.80
9 Swanson, Kjersti E	8	SO-MW	1:44.10
10 Bell, Allyse E	8	MOST-MV	1:46.29
11 Miceli, Isabella J	8	MAC-MW	1:47.80
12 Pawloski, Zoe J	8	CBSC-MW	1:49.33
13 Dilsaver, Kate M	6	GNST-MW	1:51.87
14 Haney, McKenna K	7	ACE-MW	1:55.50
15 Altmaier, Jillian D	7	HLA-MW	2:04.79
16 Bartek, Elyse R	8	MOST-MV	2:06.05
17 Piippo, Hayley K	7	GNST-MW	2:14.44
18 Lindell, Eva K	7	ACE-MW	2:14.59
19 Hailu, Hannah A	6	GOAL-MV	2:18.66
--- Tran, Michelle Q	8	MOST-MV	DQ
--- Ulferts, Anna J	7	GOAL-MV	DQ
--- Livingston, Berkeley F	8	GNST-MW	DQ

**Girls 9-10 50 Yard Free**

Name	Age	Team	Finals Time
1 Theil, Caroline T	10	GNST-MW	29.52
2 Topete, Araceli Y	10	SCM-MW	29.62
3 Schneider, Sydney R	10	HLA-MW	30.72
4 Ryan, Emma M	9	GNST-MW	33.04
5 Gill, Meagan S	10	CBSC-MW	34.01
6 Haller, Mary M	10	MAC-MW	34.06
7 Sutej, Sarah M	10	SO-MW	34.07
8 Roepke, Emma F	10	SO-MW	34.16
9 Ketzler, Alex D	10	CBSC-MW	34.36
10 Schomers, Alli M	10	GOAL-MV	34.94
11 Fox, Kami S	10	GOAL-MV	35.19
12 Kastrup, Elizabeth G	10	MAC-MW	35.22
13 Gowen, Samantha R	10	GNST-MW	35.41
14 Chesterman, Carly S	10	SO-MW	35.57
15 Jesse, Hannah J	10	SCM-MW	36.13
16 McClannan, Rachel L	10	MAC-MW	36.38
17 McGinn, Gabby M	9	MAC-MW	36.89
18 Roberts, Cassie R	10	GNST-MW	37.10
19 Hailu, Ruth A	10	GOAL-MV	37.19
20 Kerns, Thea A	10	GNST-MW	37.46
21 Montoya, Alex J	9	MAC-MW	37.47
22 Heffernan, Syble C	10	GNST-MW	37.84

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**Results**

**(Girls 9-10 50 Yard Free)**

23 Vanderbeek, Stefanie I	10	MAC-MW	38.06	26 Chesterman, Carly S	10	SO-MW	44.91	31 Becker, Paige M	10	MAC-MW	53.13
24 Ford, Joslyn V	9	GNST-MW	38.15	27 Pacheco, Camille K	9	CBSC-MW	45.06	32 Bruner, Amelia N	10	GOAL-MV	53.56
25 Pham, Michelle D	9	MOST-MV	38.79	28 Bruner, Amelia N	10	GOAL-MV	45.60	33 Jesse, Hannah J	10	SCM-MW	53.59
26 Hall, Allison C	10	CBSC-MW	38.89	29 Kottke, Delaney M	9	GOAL-MV	46.05	34 McClannan, Rachel L	10	MAC-MW	53.75
27 Becker, Paige M	10	MAC-MW	38.98	30 Miller, Molly A	9	GOAL-MV	46.21	35 Ketzler, Ana D	10	CBSC-MW	53.81
28 Sobrilsky, Lea A	10	MS-MW	39.01	31 Jensen, Haley C	9	MOST-MV	46.46	36 Montoya, Alex J	9	MAC-MW	55.32
29 Miller, Molly A	9	GOAL-MV	39.43	32 Micek, Megan A	10	MOST-MV	46.97	37 Kastrup, Elizabeth G	10	MAC-MW	55.65
30 Sivick, Larisa H	9	CBSC-MW	39.50	33 Miller, Hannah L	9	MAC-MW	47.08	38 Hall, Allison C	10	CBSC-MW	55.95
31 Micek, Megan A	10	MOST-MV	39.72	34 Snow, Shay N	9	GOAL-MV	47.15	39 Gowen, Samantha R	10	GNST-MW	56.20
32 Miller, Hannah L	9	MAC-MW	39.83	35 McGinn, Gabby M	9	MAC-MW	47.18	40 Pacheco, Camille K	9	CBSC-MW	57.40
33 Jensen, Haley C	9	MOST-MV	40.00	36 Boyd, Emma I	10	SO-MW	47.60	41 Kerns, Thea A	10	GNST-MW	57.77
34 Berg, Karin K	10	SO-MW	40.10	37 Sivick, Larisa H	9	CBSC-MW	48.31	42 Smith, Erin N	9	MAC-MW	58.28
35 Sgroi, Elizabeth H	9	CBSC-MW	40.31	38 Ketzler, Ana D	10	CBSC-MW	48.34	43 Langdon, Mikayla A	10	MAC-MW	58.56
36 Malashock, Jessica R	10	MOST-MV	40.63	39 Clarkson, Sydney J	10	ACE-MW	49.03	44 Malashock, Jessica R	10	MOST-MV	58.94
37 Bruner, Amelia N	10	GOAL-MV	40.97	40 Sgroi, Elizabeth H	9	CBSC-MW	50.24	45 Miller, Hannah L	9	MAC-MW	59.87
38 Groskurth, Regina F	9	CBSC-MW	41.02	41 Malashock, Jessica R	10	MOST-MV	50.71	46 Sivick, Larisa H	9	CBSC-MW	1:00.30
39 Kottke, Delaney M	9	GOAL-MV	41.13	42 Langdon, Mikayla A	10	MAC-MW	51.21	47 Hammes, Megan L	9	MAC-MW	1:09.53
40 Boyd, Emma I	10	SO-MW	41.31	43 Shudak, Josie M	9	CBSC-MW	52.59	--- Groskurth, Regina F	9	CBSC-MW	DQ
41 Snow, Shay N	9	GOAL-MV	41.61	44 Malashock, Amanda M	10	MOST-MV	53.54	--- Pham, Michelle D	9	MOST-MV	DQ
42 Shudak, Josie M	9	CBSC-MW	42.68	45 Olson, Elle C	9	SO-MW	55.74				
43 Ketzler, Ana D	10	CBSC-MW	42.77	46 Hammes, Megan L	9	MAC-MW	56.92				
44 Smith, Erin N	9	MAC-MW	42.95	--- Hall, Allison C	10	CBSC-MW	DQ				
45 Olson, Elle C	9	SO-MW	43.70	--- Berg, Karin K	10	SO-MW	DQ				
46 Pacheco, Camille K	9	CBSC-MW	44.72	--- Groskurth, Regina F	9	CBSC-MW	DQ				
47 Hammes, Megan L	9	MAC-MW	45.14								
48 Langdon, Mikayla A	10	MAC-MW	47.02								
49 Malashock, Amanda M	10	MOST-MV	47.47								

**Girls 9-10 50 Yard Back**

Name	Age	Team	Finals Time	Name	Age	Team	Finals Time	Name	Age	Team	Finals Time
1 Schneider, Sydney R	10	HLA-MW	34.76	1 Theil, Caroline T	10	GNST-MW	38.26	1 Dilsaver, Dannie B	10	GNST-MW	32.24
2 Topete, Araceli Y	10	SCM-MW	36.05	2 Dilsaver, Dannie B	10	GNST-MW	38.77	2 Schneider, Sydney R	10	HLA-MW	33.64
3 Theil, Caroline T	10	GNST-MW	37.25	3 Topete, Araceli Y	10	SCM-MW	41.41	3 Topete, Araceli Y	10	SCM-MW	33.88
4 Haller, Mary M	10	MAC-MW	39.64	4 Sutej, Sarah M	10	SO-MW	42.47	4 Theil, Caroline T	10	GNST-MW	35.20
5 Fox, Kami S	10	GOAL-MV	39.93	5 Schneider, Sydney R	10	HLA-MW	42.71	5 Fox, Kami S	10	GOAL-MV	37.79
6 Hailu, Ruth A	10	GOAL-MV	40.34	6 Roepke, Emma F	10	SO-MW	43.75	6 Hailu, Ruth A	10	GOAL-MV	39.82
7 Kastrup, Elizabeth G	10	MAC-MW	40.44	7 Schomers, Alli M	10	GOAL-MV	45.54	7 Ketzler, Alex D	10	CBSC-MW	39.86
8 Gowen, Samantha R	10	GNST-MW	40.66	8 Roberts, Cassie R	10	GNST-MW	47.14	8 Sutej, Sarah M	10	SO-MW	40.40
9 Schomers, Alli M	10	GOAL-MV	40.72	9 Hailu, Ruth A	10	GOAL-MV	47.33	9 Kastrup, Elizabeth G	10	MAC-MW	41.29
10 Ryan, Emma M	9	GNST-MW	41.33	10 Ryan, Emma M	9	GNST-MW	47.34	10 Gill, Meagan S	10	CBSC-MW	41.33
11 Sutej, Sarah M	10	SO-MW	41.86	11 Miller, Molly A	9	GOAL-MV	47.77	11 McGinn, Gabby M	9	MAC-MW	41.89
12 Montoya, Alex J	9	MAC-MW	41.88	12 Micek, Megan A	10	MOST-MV	48.03	12 Roberts, Cassie R	10	GNST-MW	42.01
13 McClannan, Rachel L	10	MAC-MW	42.27	13 Heffernan, Syble C	10	GNST-MW	48.04	13 Roepke, Emma F	10	SO-MW	42.18
*14 Ketzler, Alex D	10	CBSC-MW	42.44	14 Fox, Kami S	10	GOAL-MV	48.44	14 Gowen, Samantha R	10	GNST-MW	42.25
*14 Gill, Meagan S	10	CBSC-MW	42.44	15 Boyd, Emma I	10	SO-MW	49.61	15 Schomers, Alli M	10	GOAL-MV	42.40
16 Sobrilsky, Lea A	10	MS-MW	42.55	16 Berg, Karin K	10	SO-MW	49.98	16 Ryan, Emma M	9	GNST-MW	42.80
17 Ford, Joslyn V	9	GNST-MW	42.65	17 Chesterman, Carly S	10	SO-MW	50.07	17 Montoya, Alex J	9	MAC-MW	43.82
18 Heffernan, Syble C	10	GNST-MW	42.71	18 Ford, Joslyn V	9	GNST-MW	50.19	18 Sgroi, Elizabeth H	9	CBSC-MW	45.56
19 Pham, Michelle D	9	MOST-MV	43.07	19 Jensen, Haley C	9	MOST-MV	50.29	19 Kerns, Thea A	10	GNST-MW	45.63
20 Roepke, Emma F	10	SO-MW	43.27	20 Kottke, Delaney M	9	GOAL-MV	50.32	20 Groskurth, Regina F	9	CBSC-MW	45.66
21 Vanderbeek, Stefanie I	10	MAC-MW	43.70	21 Ketzler, Alex D	10	CBSC-MW	50.42	21 Smith, Erin N	9	MAC-MW	46.30
22 Kerns, Thea A	10	GNST-MW	44.27	22 Gill, Meagan S	10	CBSC-MW	50.49	22 Miller, Hannah L	9	MAC-MW	46.34
23 Becker, Paige M	10	MAC-MW	44.30	23 Sgroi, Elizabeth H	9	CBSC-MW	50.86	23 Ford, Joslyn V	9	GNST-MW	46.79
24 Jesse, Hannah J	10	SCM-MW	44.40	24 Shudak, Josie M	9	CBSC-MW	50.99	24 Snow, Shay N	9	GOAL-MV	46.87
25 Roberts, Cassie R	10	GNST-MW	44.88	25 Georgi, Ellie R	9	ACE-MW	51.04	25 Heffernan, Syble C	10	GNST-MW	47.01
				26 Malashock, Amanda M	10	MOST-MV	51.80	26 Jensen, Haley C	9	MOST-MV	47.37
				27 Snow, Shay N	9	GOAL-MV	51.91	27 Kottke, Delaney M	9	GOAL-MV	47.48
				28 Vanderbeek, Stefanie I	10	MAC-MW	52.26	28 Vanderbeek, Stefanie I	10	MAC-MW	47.62
				29 McGinn, Gabby M	9	MAC-MW	52.86	29 Berg, Karin K	10	SO-MW	47.79
				30 Olson, Elle C	9	SO-MW	52.89	30 McClannan, Rachel L	10	MAC-MW	48.17
								31 Sivick, Larisa H	9	CBSC-MW	48.43
								32 Miller, Molly A	9	GOAL-MV	48.65
								33 Becker, Paige M	10	MAC-MW	48.80
								34 Bruner, Amelia N	10	GOAL-MV	48.87
								35 Jesse, Hannah J	10	SCM-MW	49.18

**Girls 9-10 50 Yard Fly**

Name	Age	Team	Finals Time
1 Dilsaver, Dannie B	10	GNST-MW	32.24
2 Schneider, Sydney R	10	HLA-MW	33.64
3 Topete, Araceli Y	10	SCM-MW	33.88
4 Theil, Caroline T	10	GNST-MW	35.20
5 Fox, Kami S	10	GOAL-MV	37.79
6 Hailu, Ruth A	10	GOAL-MV	39.82
7 Ketzler, Alex D	10	CBSC-MW	39.86
8 Sutej, Sarah M	10	SO-MW	40.40
9 Kastrup, Elizabeth G	10	MAC-MW	41.29
10 Gill, Meagan S	10	CBSC-MW	41.33
11 McGinn, Gabby M	9	MAC-MW	41.89
12 Roberts, Cassie R	10	GNST-MW	42.01
13 Roepke, Emma F	10	SO-MW	42.18
14 Gowen, Samantha R	10	GNST-MW	42.25
15 Schomers, Alli M	10	GOAL-MV	42.40
16 Ryan, Emma M	9	GNST-MW	42.80
17 Montoya, Alex J	9	MAC-MW	43.82
18 Sgroi, Elizabeth H	9	CBSC-MW	45.56
19 Kerns, Thea A	10	GNST-MW	45.63
20 Groskurth, Regina F	9	CBSC-MW	45.66
21 Smith, Erin N	9	MAC-MW	46.30
22 Miller, Hannah L	9	MAC-MW	46.34
23 Ford, Joslyn V	9	GNST-MW	46.79
24 Snow, Shay N	9	GOAL-MV	46.87
25 Heffernan, Syble C	10	GNST-MW	47.01
26 Jensen, Haley C	9	MOST-MV	47.37
27 Kottke, Delaney M	9	GOAL-MV	47.48
28 Vanderbeek, Stefanie I	10	MAC-MW	47.62
29 Berg, Karin K	10	SO-MW	47.79
30 McClannan, Rachel L	10	MAC-MW	48.17
31 Sivick, Larisa H	9	CBSC-MW	48.43
32 Miller, Molly A	9	GOAL-MV	48.65
33 Becker, Paige M	10	MAC-MW	48.80
34 Bruner, Amelia N	10	GOAL-MV	48.87
35 Jesse, Hannah J	10	SCM-MW	49.18

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**Results**

**(Girls 9-10 50 Yard Fly)**

36	Malashock, Jessica R	10	MOST-MV	49.30
37	Hall, Allison C	10	CBSC-MW	49.38
38	Pham, Michelle D	9	MOST-MV	49.75
39	Shudak, Josie M	9	CBSC-MW	50.57
40	Boyd, Emma I	10	SO-MW	50.92
41	Chesterman, Carly S	10	SO-MW	51.36
42	Malashock, Amanda M	10	MOST-MV	51.67
43	Pacheco, Camille K	9	CBSC-MW	54.08
44	Micek, Megan A	10	MOST-MV	54.42
45	Ketzler, Ana D	10	CBSC-MW	55.93
---	Olson, Elle C	9	SO-MW	DQ

**Girls 9-10 100 Yard IM**

Name	Age	Team	Finals Time	
1	Theil, Caroline T	10	GNST-MW	1:14.44
2	Topete, Araceli Y	10	SCM-MW	1:15.03
3	Schneider, Sydney R	10	HLA-MW	1:15.71
4	Sutej, Sarah M	10	SO-MW	1:25.60
5	Schomers, Alli M	10	GOAL-MV	1:26.57
6	Fox, Kami S	10	GOAL-MV	1:27.62
7	Ryan, Emma M	9	GNST-MW	1:28.81
8	Ketzler, Alex D	10	CBSC-MW	1:29.06
9	Roepke, Emma F	10	SO-MW	1:30.30
10	Heffernan, Syble C	10	GNST-MW	1:30.83
11	Roberts, Cassie R	10	GNST-MW	1:31.69
12	Gill, Meagan S	10	CBSC-MW	1:31.77
13	Hailu, Ruth A	10	GOAL-MV	1:33.19
14	Gowen, Samantha R	10	GNST-MW	1:33.73
15	Ford, Joslyn V	9	GNST-MW	1:33.99
16	Berg, Karin K	10	SO-MW	1:34.73
17	Vanderbeek, Stefanie J	10	MAC-MW	1:35.79
18	Micek, Megan A	10	MOST-MV	1:35.99
19	Montoya, Alex J	9	MAC-MW	1:37.15
20	McGinn, Gabby M	9	MAC-MW	1:37.25
21	Jensen, Haley C	9	MOST-MV	1:37.53
22	Sgroi, Elizabeth H	9	CBSC-MW	1:38.62
23	Kottke, Delaney M	9	GOAL-MV	1:38.73
24	Snow, Shay N	9	GOAL-MV	1:38.94
25	McClannan, Rachel L	10	MAC-MW	1:39.37
26	Jesse, Hannah J	10	SCM-MW	1:39.52
27	Miller, Molly A	9	GOAL-MV	1:40.21
28	Pham, Michelle D	9	MOST-MV	1:40.71
29	Chesterman, Carly S	10	SO-MW	1:40.73
*30	Kerns, Thea A	10	GNST-MW	1:41.20
*30	Boyd, Emma I	10	SO-MW	1:41.20
32	Becker, Paige M	10	MAC-MW	1:41.37
33	Sivick, Larisa H	9	CBSC-MW	1:41.54
34	Hall, Allison C	10	CBSC-MW	1:42.07
35	Shudak, Josie M	9	CBSC-MW	1:42.42
36	Miller, Hannah L	9	MAC-MW	1:43.92
37	Ketzler, Ana D	10	CBSC-MW	1:44.64
38	Groskurth, Regina F	9	CBSC-MW	1:46.10
39	Bruner, Amelia N	10	GOAL-MV	1:46.47
40	Pacheco, Camille K	9	CBSC-MW	1:46.93
41	Olson, Elle C	9	SO-MW	1:49.33

42	Malashock, Amanda M	10	MOST-MV	1:51.44
43	Malashock, Jessica R	10	MOST-MV	1:53.06
---	Kastrup, Elizabeth G	10	MAC-MW	DQ

**Girls 11-12 50 Yard Free**

Name	Age	Team	Finals Time	
1	Wink, Alizah M	12	SCM-MW	26.41
2	Lohrberg, Bryn P	12	ACE-MW	26.69
3	Altmaier, Alexis K	12	HLA-MW	27.45
4	Ellis, Ellen K	11	GOAL-MV	27.75
5	Illingworth, Harley L	12	MS-MW	28.01
6	Goldenstein, Alexa C	12	HLA-MW	28.11
7	O'Connell, Karlie M	12	GNST-MW	28.15
8	Kelly, Megan C	12	ACE-MW	28.32
9	Robison, Hannah C	12	MOST-MV	28.42
10	Goss, Tara J	12	MAC-MW	28.54
11	Mueller, Grace E	12	MAC-MW	28.83
12	Lindholm, Anya E	11	GOAL-MV	28.90
13	Pierce, Christa N	12	MOST-MV	29.04
14	Kreizel, Linzie N	11	GNST-MW	29.05
15	Lunzmann, Abby T	12	GNST-MW	29.42
16	Vertin, Emma G	11	GNST-MW	29.43
17	Watts, Cassandra M	12	HG-MW	29.59
18	Porter, Grace E	11	SO-MW	29.60
19	Hedrick, Paxton N	12	CBSC-MW	29.65
20	Strattan, Sierra M	11	SO-MW	29.69
21	Amato-Hanner, Elizab	11	SO-MW	29.81
22	Bowen, Ashley R	11	ACE-MW	29.96
*23	Heeb, Mikayla M	12	MAC-MW	30.03
*23	Stanley, Mary L	12	MS-MW	30.03
25	Hollenbeck, Katie M	12	MOST-MV	30.16
26	McCullough, Jordan A	11	MS-MW	30.36
27	Hopson, Holly R	11	MAC-MW	30.65
28	Topete, Alma L	12	SCM-MW	30.73
29	Robertson, Brynn W	12	GOAL-MV	30.88
*30	Chavez, Ana C	11	GOAL-MV	30.89
*30	Dammermann, Isabel	12	MAC-MW	30.89
32	Holmes, Brooke R	12	MOST-MV	30.97
33	Laudenklos, Emily M	12	GNST-MW	31.31
34	Porter, Sage N	12	SO-MW	32.23
35	Meyer, Abigail M	12	MAC-MW	32.42
36	Popp, Jenna M	11	SO-MW	32.45
37	Clough, Skyler A	11	HLA-MW	32.64
38	Wigness-Lindaman, A	12	SO-MW	32.65
39	Langenberg, Faith B	12	MAC-MW	32.80
40	Koch, Taylor N	12	MAC-MW	32.88
41	Balu, Niran	11	GOAL-MV	32.99
42	Dorheim, Meg J	11	SO-MW	33.79
43	Koubek, Sarah W	11	HG-MW	33.84
44	Nelson, Brooke H	12	HLA-MW	34.75
45	Blake, Monica L	11	UN-SO-MV	34.76
46	Smithson, Gillian M	11	MAC-MW	34.81
47	Benjamin, Cassidy L	12	MAC-MW	34.99
48	Poulsen, Jennifer V	11	GNST-MW	36.02
49	Behounek, Marissa M	11	MS-MW	36.12
50	Backhaus, Erin E	11	MAC-MW	36.49
51	Harrahill, Alison K	12	SO-MW	37.19

52	Fisher, Jennifer A	11	MAC-MW	38.86
53	Edwards, Amanda E	11	MAC-MW	39.15
54	Beeman, Emily K	11	MAC-MW	41.07
55	Belfiore, Ann M	12	MAC-MW	42.11
56	Connor, Marissa B	11	MAC-MW	43.75
57	Hike, Callie L	11	MAC-MW	44.25
58	Vernon, Paige L	11	MAC-MW	47.01

**Girls 11-12 50 Yard Back**

Name	Age	Team	Finals Time	
1	Wink, Alizah M	12	SCM-MW	30.14
2	Altmaier, Alexis K	12	HLA-MW	31.10
3	Illingworth, Harley L	12	MS-MW	32.04
4	Kelly, Megan C	12	ACE-MW	32.06
5	Goss, Tara J	12	MAC-MW	32.66
6	Mueller, Grace E	12	MAC-MW	32.75
7	Vertin, Emma G	11	GNST-MW	33.14
8	Stanley, Mary L	12	MS-MW	33.48
9	Ellis, Ellen K	11	GOAL-MV	33.61
10	Lindholm, Anya E	11	GOAL-MV	33.74
11	Goldenstein, Alexa C	12	HLA-MW	33.96
12	Robison, Hannah C	12	MOST-MV	34.10
13	O'Connell, Karlie M	12	GNST-MW	34.14
14	Pierce, Christa N	12	MOST-MV	34.33
15	Hopson, Holly R	11	MAC-MW	34.78
16	Heeb, Mikayla M	12	MAC-MW	34.82
17	Robertson, Brynn W	12	GOAL-MV	34.93
18	Meyer, Abigail M	12	MAC-MW	35.36
19	McCullough, Jordan A	11	MS-MW	35.40
20	Strattan, Sierra M	11	SO-MW	35.79
21	Holmes, Brooke R	12	MOST-MV	35.86
22	Kreizel, Linzie N	11	GNST-MW	36.02
23	Lohrberg, Bryn P	12	ACE-MW	36.04
24	Lunzmann, Abby T	12	GNST-MW	36.17
25	Chavez, Ana C	11	GOAL-MV	36.18
26	Amato-Hanner, Elizab	11	SO-MW	36.35
27	Dammermann, Isabel	12	MAC-MW	36.45
28	Watts, Cassandra M	12	HG-MW	36.61
29	Bowen, Ashley R	11	ACE-MW	36.75
30	Porter, Sage N	12	SO-MW	36.78
31	Hollenbeck, Katie M	12	MOST-MV	36.79
32	Clough, Skyler A	11	HLA-MW	36.81
33	Porter, Grace E	11	SO-MW	37.48
34	Koch, Taylor N	12	MAC-MW	37.50
35	Balu, Niran	11	GOAL-MV	37.81
*36	Benjamin, Cassidy L	12	MAC-MW	37.84
*36	Hedrick, Paxton N	12	CBSC-MW	37.84
38	Laudenklos, Emily M	12	GNST-MW	38.00
39	Smithson, Gillian M	11	MAC-MW	39.28
40	Topete, Alma L	12	SCM-MW	39.45
41	Popp, Jenna M	11	SO-MW	40.28
42	Koubek, Sarah W	11	HG-MW	40.30
43	Wigness-Lindaman, A	12	SO-MW	40.80
*44	Langenberg, Faith B	12	MAC-MW	41.12
*44	Blake, Monica L	11	UN-SO-MV	41.12
46	Poulsen, Jennifer V	11	GNST-MW	41.31
47	Nelson, Brooke H	12	HLA-MW	42.58

**2009 MW MAC Pentathlon - 11/13/2009 to 11/15/2009**  
**Omaha NE Millard West HS - 25 yd, Sanction #: MWS09032**

**Results**

**(Girls 11-12 50 Yard Back)**

48	Backhaus, Erin E	11	MAC-MW	43.17
49	Harrahill, Alison K	12	SO-MW	43.34
50	Edwards, Amanda E	11	MAC-MW	43.99
51	Dorheim, Meg J	11	SO-MW	45.35
52	Behounek, Marissa M	11	MS-MW	45.51
53	Belfiore, Ann M	12	MAC-MW	45.93
54	Hike, Callie L	11	MAC-MW	46.33
55	Beeman, Emily K	11	MAC-MW	46.38
56	Connor, Marissa B	11	MAC-MW	51.00
57	Lay, Grace E	11	MAC-MW	59.00
---	Fisher, Jennifer A	11	MAC-MW	DQ
---	Vernon, Paige L	11	MAC-MW	DQ

**Girls 11-12 50 Yard Breast**

Name	Age	Team	Finals Time	
1	Lohrberg, Bryn P	12	ACE-MW	35.65
2	Lindholm, Anya E	11	GOAL-MV	35.69
3	Wink, Alizah M	12	SCM-MW	35.90
4	Goldenstein, Alexa C	12	HLA-MW	36.74
5	O'Connell, Karlie M	12	GNST-MW	37.02
6	Goss, Tara J	12	MAC-MW	37.24
7	Stanley, Mary L	12	MS-MW	37.59
8	Altmaier, Alexis K	12	HLA-MW	37.63
9	Illingworth, Harley L	12	MS-MW	38.04
10	Blake, Monica L	11	UN-SO-MV	39.19
11	Pierce, Christa N	12	MOST-MV	39.23
12	Langenberg, Faith B	12	MAC-MW	39.45
13	Bowen, Ashley R	11	ACE-MW	39.47
14	Mueller, Grace E	12	MAC-MW	39.61
15	Robertson, Brynn W	12	GOAL-MV	39.91
16	Heeb, Mikayla M	12	MAC-MW	40.07
17	Robison, Hannah C	12	MOST-MV	40.32
18	Koubek, Sarah W	11	HG-MW	40.69
19	Ellis, Ellen K	11	GOAL-MV	41.00
20	Hopson, Holly R	11	MAC-MW	41.07
21	Hollenbeck, Katie M	12	MOST-MV	41.09
22	Holmes, Brooke R	12	MOST-MV	41.69
23	Chavez, Ana C	11	GOAL-MV	41.85
24	Wigness-Lindaman, A	12	SO-MW	42.39
*25	Lunzmann, Abby T	12	GNST-MW	42.44
*25	Porter, Grace E	11	SO-MW	42.44
27	Kelly, Megan C	12	ACE-MW	42.46
28	Dammermann, Isabel	12	MAC-MW	42.51
29	Strattan, Sierra M	11	SO-MW	42.67
30	Clough, Skyler A	11	HLA-MW	42.71
31	Balu, Niran	11	GOAL-MV	42.96
32	Vertin, Emma G	11	GNST-MW	43.38
33	Amato-Hanner, Elizab	11	SO-MW	43.39
34	Porter, Sage N	12	SO-MW	43.64
35	Meyer, Abigail M	12	MAC-MW	43.71
36	Popp, Jenna M	11	SO-MW	44.12
37	McCullough, Jordan A	11	MS-MW	44.29
38	Hedrick, Paxton N	12	CBSC-MW	44.52
39	Topete, Alma L	12	SCM-MW	44.94
40	Laudenklos, Emily M	12	GNST-MW	45.01

41	Watts, Cassandra M	12	HG-MW	45.27
42	Koch, Taylor N	12	MAC-MW	45.47
43	Nelson, Brooke H	12	HLA-MW	46.29
44	Fisher, Jennifer A	11	MAC-MW	46.49
45	Benjamin, Cassidy L	12	MAC-MW	46.70
46	Smithson, Gillian M	11	MAC-MW	46.72
47	Behounek, Marissa M	11	MS-MW	47.02
48	Dorheim, Meg J	11	SO-MW	50.76
49	Harrahill, Alison K	12	SO-MW	51.20
50	Edwards, Amanda E	11	MAC-MW	53.89
51	Poulsen, Jennifer V	11	GNST-MW	59.56
52	Lay, Grace E	11	MAC-MW	59.88
53	Connor, Marissa B	11	MAC-MW	1:02.85
54	Beeman, Emily K	11	MAC-MW	1:05.50
55	Hike, Callie L	11	MAC-MW	1:06.02
---	Kreizel, Linzie N	11	GNST-MW	DQ
---	Vernon, Paige L	11	MAC-MW	DQ

**Girls 11-12 50 Yard Fly**

Name	Age	Team	Finals Time	
1	Altmaier, Alexis K	12	HLA-MW	28.87
2	Goss, Tara J	12	MAC-MW	30.05
3	Goldenstein, Alexa C	12	HLA-MW	30.07
4	Wink, Alizah M	12	SCM-MW	30.23
5	Ellis, Ellen K	11	GOAL-MV	30.71
6	Robison, Hannah C	12	MOST-MV	31.10
7	Mueller, Grace E	12	MAC-MW	31.57
8	Hollenbeck, Katie M	12	MOST-MV	31.59
9	Lohrberg, Bryn P	12	ACE-MW	31.83
10	Pierce, Christa N	12	MOST-MV	31.86
11	Kreizel, Linzie N	11	GNST-MW	32.14
12	Porter, Grace E	11	SO-MW	32.52
13	Stanley, Mary L	12	MS-MW	32.56
14	Vertin, Emma G	11	GNST-MW	32.82
15	Lindholm, Anya E	11	GOAL-MV	33.08
16	Kelly, Megan C	12	ACE-MW	33.12
17	Holmes, Brooke R	12	MOST-MV	33.28
18	O'Connell, Karlie M	12	GNST-MW	33.33
19	Lunzmann, Abby T	12	GNST-MW	33.46
20	Strattan, Sierra M	11	SO-MW	34.09
21	Hopson, Holly R	11	MAC-MW	34.51
22	Amato-Hanner, Elizab	11	SO-MW	34.52
23	McCullough, Jordan A	11	MS-MW	34.67
24	Hedrick, Paxton N	12	CBSC-MW	34.70
25	Laudenklos, Emily M	12	GNST-MW	35.05
26	Heeb, Mikayla M	12	MAC-MW	35.09
27	Watts, Cassandra M	12	HG-MW	35.52
28	Dammermann, Isabel	12	MAC-MW	35.97
29	Bowen, Ashley R	11	ACE-MW	36.18
30	Langenberg, Faith B	12	MAC-MW	36.81
31	Topete, Alma L	12	SCM-MW	36.96
32	Robertson, Brynn W	12	GOAL-MV	36.99
33	Clough, Skyler A	11	HLA-MW	37.20
34	Balu, Niran	11	GOAL-MV	37.33
35	Popp, Jenna M	11	SO-MW	37.37
36	Illingworth, Harley L	12	MS-MW	37.38
37	Nelson, Brooke H	12	HLA-MW	37.59

38	Chavez, Ana C	11	GOAL-MV	37.76
39	Wigness-Lindaman, A	12	SO-MW	37.81
40	Meyer, Abigail M	12	MAC-MW	38.04
41	Benjamin, Cassidy L	12	MAC-MW	38.58
42	Koubek, Sarah W	11	HG-MW	38.89
43	Porter, Sage N	12	SO-MW	39.46
44	Blake, Monica L	11	UN-SO-MV	41.93
45	Dorheim, Meg J	11	SO-MW	42.93
46	Smithson, Gillian M	11	MAC-MW	43.05
47	Edwards, Amanda E	11	MAC-MW	43.51
48	Fisher, Jennifer A	11	MAC-MW	43.86
49	Poulsen, Jennifer V	11	GNST-MW	46.69
50	Harrahill, Alison K	12	SO-MW	47.05
51	Behounek, Marissa M	11	MS-MW	49.07
52	Connor, Marissa B	11	MAC-MW	51.50
53	Beeman, Emily K	11	MAC-MW	1:03.44
---	Vernon, Paige L	11	MAC-MW	DQ

**Girls 11-12 200 Yard IM**

Name	Age	Team	Finals Time	
1	Altmaier, Alexis K	12	HLA-MW	2:18.26
2	Wink, Alizah M	12	SCM-MW	2:24.88
3	Goldenstein, Alexa C	12	HLA-MW	2:32.97
4	Mueller, Grace E	12	MAC-MW	2:33.93
5	Lindholm, Anya E	11	GOAL-MV	2:35.12
6	Stanley, Mary L	12	MS-MW	2:35.25
7	Kreizel, Linzie N	11	GNST-MW	2:36.62
8	Illingworth, Harley L	12	MS-MW	2:36.67
9	Vertin, Emma G	11	GNST-MW	2:36.98
10	Goss, Tara J	12	MAC-MW	2:37.33
11	Holmes, Brooke R	12	MOST-MV	2:38.34
12	Lohrberg, Bryn P	12	ACE-MW	2:39.79
13	Ellis, Ellen K	11	GOAL-MV	2:40.93
14	Pierce, Christa N	12	MOST-MV	2:41.34
15	Amato-Hanner, Elizab	11	SO-MW	2:41.98
16	McCullough, Jordan A	11	MS-MW	2:42.09
17	Robison, Hannah C	12	MOST-MV	2:43.43
18	Porter, Grace E	11	SO-MW	2:43.68
19	Kelly, Megan C	12	ACE-MW	2:44.10
20	O'Connell, Karlie M	12	GNST-MW	2:45.89
21	Strattan, Sierra M	11	SO-MW	2:46.15
22	Bowen, Ashley R	11	ACE-MW	2:46.58
23	Lunzmann, Abby T	12	GNST-MW	2:46.72
24	Hopson, Holly R	11	MAC-MW	2:48.11
25	Hollenbeck, Katie M	12	MOST-MV	2:48.68
26	Heeb, Mikayla M	12	MAC-MW	2:49.83
27	Wigness-Lindaman, A	12	SO-MW	2:49.88
28	Meyer, Abigail M	12	MAC-MW	2:50.02
29	Watts, Cassandra M	12	HG-MW	2:51.00
30	Porter, Sage N	12	SO-MW	2:51.17
31	Dammermann, Isabel	12	MAC-MW	2:51.25
32	Hedrick, Paxton N	12	CBSC-MW	2:52.56
33	Robertson, Brynn W	12	GOAL-MV	2:53.67
34	Chavez, Ana C	11	GOAL-MV	2:54.38
35	Clough, Skyler A	11	HLA-MW	2:55.48
36	Laudenklos, Emily M	12	GNST-MW	2:55.49
37	Topete, Alma L	12	SCM-MW	2:56.26

**2009 MW MAC Pentathlon - 11/13/2009 to 11/15/2009**  
**Omaha NE Millard West HS - 25 yd, Sanction #: MWS09032**

**Results**

**(Girls 11-12 200 Yard IM)**

38	Blake, Monica L	11	UN-SO-MV	3:00.28
39	Koubek, Sarah W	11	HG-MW	3:01.55
40	Popp, Jenna M	11	SO-MW	3:04.43
41	Balu, Niran	11	GOAL-MV	3:05.09
42	Nelson, Brooke H	12	HLA-MW	3:05.48
43	Langenberg, Faith B	12	MAC-MW	3:06.13
44	Benjamin, Cassidy L	12	MAC-MW	3:09.05
45	Dorheim, Meg J	11	SO-MW	3:14.49
46	Smithson, Gillian M	11	MAC-MW	3:16.86
47	Harrahill, Alison K	12	SO-MW	3:27.09
48	Fisher, Jennifer A	11	MAC-MW	3:31.06
49	Edwards, Amanda E	11	MAC-MW	3:32.12
50	Behounek, Marissa M	11	MS-MW	3:35.23
51	Connor, Marissa B	11	MAC-MW	3:59.03
52	Hike, Callie L	11	MAC-MW	3:59.51
53	Lay, Grace E	11	MAC-MW	4:21.20
---	Poulsen, Jennifer V	11	GNST-MW	DQ
---	Vernon, Paige L	11	MAC-MW	DQ
---	Beeman, Emily K	11	MAC-MW	DQ

**Boys 8&U 25 Yard Free**

Name	Age	Team	Finals Time	
1	Petty, Alex J	8	GNST-MW	15.07
2	Williams, Quinn S	8	CBSC-MW	15.71
3	Eifert, Lucas J	8	GNST-MW	16.17
4	Olson, Grey G	7	SO-MW	16.53
5	Currin, Tristan M	8	MAC-MW	16.71
6	McCullough, Kayden	8	MS-MW	16.84
7	Dice, Cael S	7	GNST-MW	16.85
8	Schneider, Austin R	7	HLA-MW	16.99
9	Topete, Yovani R	7	SCM-MW	17.39
10	Smithson, Hunter S	8	MAC-MW	17.98
11	Shudak, Zach M	7	CBSC-MW	18.95
12	Kuszak, Adam C	8	UN-HL-MV	19.43
13	Novinski, Jonathan D	7	HG-MW	19.49
14	Georgi, Andy P	8	ACE-MW	20.14
15	Subramaniam, Vighne	8	GOAL-MV	20.47
16	Sutej, Andrew J	7	UN-SO-MV	20.62
17	Demro, Cade T	7	MAC-MW	20.83
18	Heffernan, Montana T	8	GNST-MW	20.98
19	Hezel, Nick M	8	MS-MW	21.04
20	Barr, Luke D	6	MS-MW	21.57
21	Dike, Jaden S	7	UN-MW	21.84
22	Edwards, Trevor D	7	MAC-MW	24.29
23	Falck, Andrew C	7	MAC-MW	25.76
24	Eifert, Alex R	6	GNST-MW	27.28

**Boys 8&U 25 Yard Back**

Name	Age	Team	Finals Time	
1	Petty, Alex J	8	GNST-MW	18.50
2	Olson, Grey G	7	SO-MW	20.31
3	McCullough, Kayden	8	MS-MW	20.86
4	Schneider, Austin R	7	HLA-MW	21.04
5	Dice, Cael S	7	GNST-MW	21.06
6	Kuszak, Adam C	8	UN-HL-MV	21.12

7	Topete, Yovani R	7	SCM-MW	21.17
8	Williams, Quinn S	8	CBSC-MW	21.39
9	Eifert, Lucas J	8	GNST-MW	21.76
10	Shudak, Zach M	7	CBSC-MW	22.51
11	Subramaniam, Vighne	8	GOAL-MV	22.86
12	Heffernan, Montana T	8	GNST-MW	22.88
13	Smithson, Hunter S	8	MAC-MW	23.41
14	Georgi, Andy P	8	ACE-MW	23.46
15	Hezel, Nick M	8	MS-MW	23.73
16	Novinski, Jonathan D	7	HG-MW	24.01
17	Sutej, Andrew J	7	UN-SO-MV	24.26
18	Demro, Cade T	7	MAC-MW	25.23
19	Edwards, Trevor D	7	MAC-MW	25.91
20	Barr, Luke D	6	MS-MW	26.27
21	Dike, Jaden S	7	UN-MW	26.92
22	Falck, Andrew C	7	MAC-MW	32.09
23	Eifert, Alex R	6	GNST-MW	35.60

**Boys 8&U 25 Yard Breast**

Name	Age	Team	Finals Time	
1	Petty, Alex J	8	GNST-MW	19.81
2	Olson, Grey G	7	SO-MW	21.86
3	Eifert, Lucas J	8	GNST-MW	23.46
4	Williams, Quinn S	8	CBSC-MW	23.62
5	McCullough, Kayden	8	MS-MW	24.47
6	Currin, Tristan M	8	MAC-MW	24.95
7	Shudak, Zach M	7	CBSC-MW	25.78
8	Sutej, Andrew J	7	UN-SO-MV	26.03
9	Smithson, Hunter S	8	MAC-MW	26.10
10	Hezel, Nick M	8	MS-MW	27.03
11	Schneider, Austin R	7	HLA-MW	27.08
12	Dice, Cael S	7	GNST-MW	28.63
13	Novinski, Jonathan D	7	HG-MW	28.73
14	Heffernan, Montana T	8	GNST-MW	29.10
15	Georgi, Andy P	8	ACE-MW	29.28
16	Subramaniam, Vighne	8	GOAL-MV	29.34
17	Topete, Yovani R	7	SCM-MW	34.28
18	Barr, Luke D	6	MS-MW	34.75
19	Edwards, Trevor D	7	MAC-MW	39.47
---	Falck, Andrew C	7	MAC-MW	DQ
---	Dike, Jaden S	7	UN-MW	DQ
---	Eifert, Alex R	6	GNST-MW	DQ

**Boys 8&U 25 Yard Fly**

Name	Age	Team	Finals Time	
1	Petty, Alex J	8	GNST-MW	16.98
2	McCullough, Kayden	8	MS-MW	19.29
3	Olson, Grey G	7	SO-MW	19.57
4	Williams, Quinn S	8	CBSC-MW	20.19
5	Dice, Cael S	7	GNST-MW	20.29
6	Schneider, Austin R	7	HLA-MW	20.53
7	Currin, Tristan M	8	MAC-MW	20.65
8	Topete, Yovani R	7	SCM-MW	21.58
9	Smithson, Hunter S	8	MAC-MW	21.72
10	Shudak, Zach M	7	CBSC-MW	21.90
11	Heffernan, Montana T	8	GNST-MW	25.40
12	Novinski, Jonathan D	7	HG-MW	26.12

13	Barr, Luke D	6	MS-MW	26.58
14	Edwards, Trevor D	7	MAC-MW	30.29
15	Dike, Jaden S	7	UN-MW	30.57
16	Sutej, Andrew J	7	UN-SO-MV	33.59
17	Eifert, Alex R	6	GNST-MW	38.50
---	Falck, Andrew C	7	MAC-MW	DQ
---	Eifert, Lucas J	8	GNST-MW	DQ
---	Hezel, Nick M	8	MS-MW	DQ

**Boys 8&U 100 Yard IM**

Name	Age	Team	Finals Time	
1	Petty, Alex J	8	GNST-MW	1:23.28
2	Olson, Grey G	7	SO-MW	1:32.40
3	Williams, Quinn S	8	CBSC-MW	1:36.37
4	McCullough, Kayden	8	MS-MW	1:36.53
5	Shudak, Zach M	7	CBSC-MW	1:41.35
6	Currin, Tristan M	8	MAC-MW	1:41.57
7	Dice, Cael S	7	GNST-MW	1:49.61
8	Heffernan, Montana T	8	GNST-MW	1:59.14
9	Sutej, Andrew J	7	UN-SO-MV	1:59.83
10	Novinski, Jonathan D	7	HG-MW	2:00.66
11	Hezel, Nick M	8	MS-MW	2:07.70
12	Dike, Jaden S	7	UN-MW	2:22.01
13	Eifert, Alex R	6	GNST-MW	2:27.61
---	Edwards, Trevor D	7	MAC-MW	DQ
---	Eifert, Lucas J	8	GNST-MW	DQ
---	Falck, Andrew C	7	MAC-MW	DQ
---	Topete, Yovani R	7	SCM-MW	DQ
---	Barr, Luke D	6	MS-MW	DQ
---	Smithson, Hunter S	8	MAC-MW	DQ
---	Schneider, Austin R	7	HLA-MW	DQ

**Boys 9-10 50 Yard Free**

Name	Age	Team	Finals Time	
1	Simmons, Michael J	10	UN-MW	28.87
2	Louviere, Masen Q	10	GNST-MW	29.55
3	Kreizel, Logan J	9	GNST-MW	29.96
4	Johnson, Jonathan W	10	GNST-MW	30.43
5	Allmon, Jackson S	9	CBSC-MW	30.53
6	Novinski, Matthew R	10	HG-MW	31.01
7	Hemmingsen, Luke A	9	CBSC-MW	31.39
8	Mollet, Eli J	9	SCM-MW	31.74
9	Barr, Noah B	10	MS-MW	32.31
10	Sutej, Jacob D	10	SO-MW	32.87
11	Bowen, Tyler J	10	ACE-MW	33.34
12	Mumm, Marc K	10	CBSC-MW	33.45
13	Kearns, Conor M	10	HLA-MW	33.96
14	Piti, Caleb H	10	GOAL-MV	34.95
15	Grieve, Hunter J	10	MAC-MW	35.41
16	Edwards, Max A	10	MAC-MW	36.03
17	Sutej, Matthew M	9	SO-MW	36.80
18	O'Connell, Colin A	10	MAC-MW	37.21
19	Lau, Preston D	10	MAC-MW	37.37
20	Cherek, Creighton L	9	CBSC-MW	37.79
21	Larson, Chase R	9	GNST-MW	38.15
22	Berentson, Danny R	10	SO-MW	38.83
23	Dike, Scott R	10	UN-MW	39.57

**2009 MW MAC Pentathlon - 11/13/2009 to 11/15/2009**  
**Omaha NE Millard West HS - 25 yd, Sanction #: MWS09032**

**Results**

**(Boys 9-10 50 Yard Free)**

24	Waldron, Patrick R	9	MOST-MV	39.65
25	Jones, Andrew H	10	MAC-MW	40.15
26	Magee, Charlie M	9	GOAL-MV	42.08
27	Lammel, Connor T	9	MAC-MW	42.84
28	Nolte, Chas S	9	UN-MW	46.64
29	Battern, Matthew H	10	MAC-MW	46.73
30	Demro, Cole T	9	MAC-MW	47.61

**Boys 9-10 50 Yard Back**

Name	Age	Team	Finals Time	
1	Simmons, Michael J	10	UN-MW	33.25
2	Novinski, Matthew R	10	HG-MW	34.76
3	Mollet, Eli J	9	SCM-MW	36.32
4	Hemmingsen, Luke A	9	CBSC-MW	36.90
5	Kreizel, Logan J	9	GNST-MW	37.29
6	Allmon, Jackson S	9	CBSC-MW	37.49
7	Kearns, Conor M	10	HLA-MW	39.32
8	Johnson, Jonathan W	10	GNST-MW	39.33
9	Sutej, Jacob D	10	SO-MW	39.48
10	Barr, Noah B	10	MS-MW	39.81
11	Mumm, Marc K	10	CBSC-MW	41.23
12	Piti, Caleb H	10	GOAL-MV	41.59
13	Hezel, Luke J	10	MS-MW	43.19
14	Waldron, Patrick R	9	MOST-MV	43.26
15	Cherek, Creighton L	9	CBSC-MW	43.87
16	Edwards, Max A	10	MAC-MW	44.78
17	Berentson, Danny R	10	SO-MW	45.36
18	Jones, Andrew H	10	MAC-MW	45.79
19	Bowen, Tyler J	10	ACE-MW	46.02
20	Lammel, Connor T	9	MAC-MW	46.18
21	Sutej, Matthew M	9	SO-MW	47.24
22	O'Connell, Colin A	10	MAC-MW	47.29
23	Larson, Chase R	9	GNST-MW	47.42
24	Holst, Grant J	9	ACE-MW	48.06
25	Lau, Preston D	10	MAC-MW	48.63
26	Grieve, Hunter J	10	MAC-MW	48.80
27	Nolte, Chas S	9	UN-MW	49.66
28	Demro, Cole T	9	MAC-MW	50.69
29	Dike, Scott R	10	UN-MW	51.25
30	Magee, Charlie M	9	GOAL-MV	51.69
31	Battern, Matthew H	10	MAC-MW	59.37
---	Louviere, Masen Q	10	GNST-MW	DQ

**Boys 9-10 50 Yard Breast**

Name	Age	Team	Finals Time	
1	Simmons, Michael J	10	UN-MW	39.46
2	Sutej, Jacob D	10	SO-MW	40.32
3	Novinski, Matthew R	10	HG-MW	43.44
4	Johnson, Jonathan W	10	GNST-MW	44.01
5	Kearns, Conor M	10	HLA-MW	44.14
6	Allmon, Jackson S	9	CBSC-MW	44.17
7	Barr, Noah B	10	MS-MW	44.42
8	Louviere, Masen Q	10	GNST-MW	44.59
9	Sutej, Matthew M	9	SO-MW	46.24
10	Magee, Charlie M	9	GOAL-MV	47.06

11	Hemmingsen, Luke A	9	CBSC-MW	47.17
12	Kreizel, Logan J	9	GNST-MW	47.30
13	Piti, Caleb H	10	GOAL-MV	48.53
14	Holst, Grant J	9	ACE-MW	48.59
15	Mumm, Marc K	10	CBSC-MW	48.73
16	Bowen, Tyler J	10	ACE-MW	48.92
17	Edwards, Max A	10	MAC-MW	50.16
18	Mollet, Eli J	9	SCM-MW	50.32
19	Lau, Preston D	10	MAC-MW	51.23
20	Nolte, Chas S	9	UN-MW	52.92
21	Larson, Chase R	9	GNST-MW	54.98
22	Jones, Andrew H	10	MAC-MW	57.28
23	Dike, Scott R	10	UN-MW	57.48
24	Berentson, Danny R	10	SO-MW	57.92
25	O'Connell, Colin A	10	MAC-MW	1:00.89
26	Cherek, Creighton L	9	CBSC-MW	1:06.19
27	Waldron, Patrick R	9	MOST-MV	1:20.00

**Boys 9-10 50 Yard Fly**

Name	Age	Team	Finals Time	
1	Novinski, Matthew R	10	HG-MW	31.85
2	Simmons, Michael J	10	UN-MW	31.93
3	Allmon, Jackson S	9	CBSC-MW	33.96
4	Sutej, Jacob D	10	SO-MW	35.74
5	Mollet, Eli J	9	SCM-MW	36.73
6	Hemmingsen, Luke A	9	CBSC-MW	36.97
7	Mumm, Marc K	10	CBSC-MW	37.82
8	Sutej, Matthew M	9	SO-MW	38.03
9	Johnson, Jonathan W	10	GNST-MW	38.27
10	Kreizel, Logan J	9	GNST-MW	38.92
11	Louviere, Masen Q	10	GNST-MW	38.96
12	Barr, Noah B	10	MS-MW	41.11
13	Cherek, Creighton L	9	CBSC-MW	41.32
14	Kearns, Conor M	10	HLA-MW	41.48
15	Lau, Preston D	10	MAC-MW	42.11
16	Bowen, Tyler J	10	ACE-MW	43.26
17	Edwards, Max A	10	MAC-MW	44.26
18	Larson, Chase R	9	GNST-MW	45.00
19	Dike, Scott R	10	UN-MW	45.61
20	Nolte, Chas S	9	UN-MW	47.81
21	Waldron, Patrick R	9	MOST-MV	50.09
22	Jones, Andrew H	10	MAC-MW	50.89
23	Grieve, Hunter J	10	MAC-MW	52.52
---	Magee, Charlie M	9	GOAL-MV	DQ
---	Berentson, Danny R	10	SO-MW	DQ

**Boys 9-10 100 Yard IM**

Name	Age	Team	Finals Time	
1	Simmons, Michael J	10	UN-MW	1:15.14
2	Novinski, Matthew R	10	HG-MW	1:17.85
3	Sutej, Jacob D	10	SO-MW	1:18.52
4	Allmon, Jackson S	9	CBSC-MW	1:19.71
5	Kreizel, Logan J	9	GNST-MW	1:20.04
6	Mollet, Eli J	9	SCM-MW	1:23.11
7	Louviere, Masen Q	10	GNST-MW	1:23.45
8	Hemmingsen, Luke A	9	CBSC-MW	1:23.56
9	Johnson, Jonathan W	10	GNST-MW	1:27.20

10	Barr, Noah B	10	MS-MW	1:27.34
11	Kearns, Conor M	10	HLA-MW	1:27.53
12	Piti, Caleb H	10	GOAL-MV	1:30.72
13	Mumm, Marc K	10	CBSC-MW	1:31.01
14	Edwards, Max A	10	MAC-MW	1:32.42
15	Bowen, Tyler J	10	ACE-MW	1:32.84
16	Sutej, Matthew M	9	SO-MW	1:33.28
17	Lau, Preston D	10	MAC-MW	1:36.86
18	Larson, Chase R	9	GNST-MW	1:38.40
19	Dike, Scott R	10	UN-MW	1:42.67
20	Magee, Charlie M	9	GOAL-MV	1:43.80
21	Cherek, Creighton L	9	CBSC-MW	1:43.83
22	Berentson, Danny R	10	SO-MW	1:44.85
23	O'Connell, Colin A	10	MAC-MW	1:47.60
24	Jones, Andrew H	10	MAC-MW	1:48.30
25	Waldron, Patrick R	9	MOST-MV	1:54.27
---	Nolte, Chas S	9	UN-MW	DQ

**Boys 11-12 50 Yard Free**

Name	Age	Team	Finals Time	
1	Tate, Sean J	12	SO-MW	25.51
2	Tate, Ryan T	12	SO-MW	25.83
3	Vassal, Leon	12	GNST-MW	28.09
4	Markham, Quincy C	12	SCM-MW	28.59
5	Novinski, Daniel S	12	HG-MW	28.75
6	Hedrick, Jake A	12	CBSC-MW	28.76
7	Magee, Brian K	11	GOAL-MV	28.84
8	Shudak, Caleb T	11	CBSC-MW	29.37
9	Chekal, Jacob A	12	GOAL-MV	29.44
10	Robbins, Nick P	12	MS-MW	29.51
11	Garofalo, Leo J	12	SO-MW	29.60
12	Kelly, Patrick J	11	ACE-MW	29.86
13	Malashock, Jacob B	12	MOST-MV	29.88
14	Singh, Nathan M	11	GOAL-MV	29.90
15	Appleget, Ian W	12	GNST-MW	29.92
16	Watsabaugh, Jack J	12	SO-MW	30.01
17	Smits, Eric D	12	MOST-MV	30.04
18	Kellen, Ben N	12	SO-MW	30.06
19	Hangren, Jacob W	11	GOAL-MV	30.08
20	Lohr, Josh T	12	ACE-MW	30.89
21	Culjat, Lance W	11	MOST-MV	31.91
22	Luddy, Jack W	12	GOAL-MV	32.45
23	O'Brien, Brenden K	11	CBSC-MW	32.74
24	Price, Ryan J	11	CBSC-MW	33.52
25	Mikuly, Kevin R	11	CBSC-MW	34.15
26	Addy, William D	11	UN-HL-M'	35.37
27	Hersh, Jack H	11	MAC-MW	36.84
28	Krajewski, Luke M	11	MAC-MW	37.00
29	Band, Neil B	11	MAC-MW	37.05
*30	Kuhn, Trevor N	11	MAC-MW	37.48
*30	Nurton, Joseph L	11	MOST-MV	37.48
32	Schmidt, Kendall A	11	MAC-MW	37.85
33	Jett, Nelson E	11	GNST-MW	42.99
34	Vavra, Austin M	11	MAC-MW	46.40

**2009 MW MAC Pentathlon - 11/13/2009 to 11/15/2009**  
**Omaha NE Millard West HS - 25 yd, Sanction #: MWS09032**

**Results**

**Boys 11-12 50 Yard Back**

Name	Age	Team	Finals Time
1 Tate, Ryan T	12	SO-MW	30.12
2 Tate, Sean J	12	SO-MW	31.02
3 Hedrick, Jake A	12	CBSC-MW	32.78
4 Novinski, Daniel S	12	HG-MW	33.31
5 Shudak, Caleb T	11	CBSC-MW	33.35
6 Smits, Eric D	12	MOST-MV	33.65
7 Vassal, Leon	12	GNST-MW	34.33
8 Markham, Quincy C	12	SCM-MW	34.99
9 Chekal, Jacob A	12	GOAL-MV	35.06
10 Kelly, Patrick J	11	ACE-MW	35.40
11 Malashock, Jacob B	12	MOST-MV	35.72
12 Hangren, Jacob W	11	GOAL-MV	35.77
13 Magee, Brian K	11	GOAL-MV	36.01
14 Singh, Nathan M	11	GOAL-MV	36.27
15 Watsabaugh, Jack J	12	SO-MW	36.34
16 Robbins, Nick P	12	MS-MW	36.92
17 Lohr, Josh T	12	ACE-MW	36.94
18 Culjat, Lance W	11	MOST-MV	37.61
19 Kellen, Ben N	12	SO-MW	37.64
20 Garofalo, Leo J	12	SO-MW	38.60
21 Luddy, Jack W	12	GOAL-MV	38.80
22 O'Brien, Brenden K	11	CBSC-MW	39.66
23 Herchenbach, Tanner I	11	ACE-MW	39.85
24 Price, Ryan J	11	CBSC-MW	40.29
25 Appleget, Ian W	12	GNST-MW	40.47
26 Hersh, Jack H	11	MAC-MW	41.68
27 Addy, William D	11	UN-HL-M'	42.72
28 Mikuls, Kevin R	11	CBSC-MW	43.34
29 Kuhn, Trevor N	11	MAC-MW	43.45
30 Band, Neil B	11	MAC-MW	43.76
31 Nurton, Joseph L	11	MOST-MV	44.67
32 Krajewski, Luke M	11	MAC-MW	45.22
33 Schmidt, Kendall A	11	MAC-MW	46.74
34 Jett, Nelson E	11	GNST-MW	47.59
35 Vavra, Austin M	11	MAC-MW	1:01.14

**Boys 11-12 50 Yard Breast**

Name	Age	Team	Finals Time
1 Tate, Sean J	12	SO-MW	33.82
2 Tate, Ryan T	12	SO-MW	37.21
3 Robbins, Nick P	12	MS-MW	37.22
4 Vassal, Leon	12	GNST-MW	37.25
5 Magee, Brian K	11	GOAL-MV	37.93
6 Singh, Nathan M	11	GOAL-MV	38.46
7 Hangren, Jacob W	11	GOAL-MV	38.63
8 Smits, Eric D	12	MOST-MV	39.01
9 Markham, Quincy C	12	SCM-MW	39.35
10 Kellen, Ben N	12	SO-MW	39.58
11 Watsabaugh, Jack J	12	SO-MW	39.82
12 Malashock, Jacob B	12	MOST-MV	40.40
13 Kelly, Patrick J	11	ACE-MW	40.47
14 Appleget, Ian W	12	GNST-MW	41.24
15 Chekal, Jacob A	12	GOAL-MV	41.34
16 Hedrick, Jake A	12	CBSC-MW	42.48

17 Shudak, Caleb T	11	CBSC-MW	42.53
18 Lohr, Josh T	12	ACE-MW	42.85
19 Garofalo, Leo J	12	SO-MW	43.05
20 Culjat, Lance W	11	MOST-MV	43.11
21 O'Brien, Brenden K	11	CBSC-MW	43.43
22 Novinski, Daniel S	12	HG-MW	43.89
23 Herchenbach, Tanner I	11	ACE-MW	44.34
24 Addy, William D	11	UN-HL-M'	46.03
25 Mikuls, Kevin R	11	CBSC-MW	47.72
26 Kuhn, Trevor N	11	MAC-MW	48.54
27 Luddy, Jack W	12	GOAL-MV	49.07
28 Band, Neil B	11	MAC-MW	49.80
29 Schmidt, Kendall A	11	MAC-MW	51.67
30 Krajewski, Luke M	11	MAC-MW	52.62
31 Jett, Nelson E	11	GNST-MW	53.30
*32 Price, Ryan J	11	CBSC-MW	53.39
*32 Hersh, Jack H	11	MAC-MW	53.39
--- Nurton, Joseph L	11	MOST-MV	DQ
--- Vavra, Austin M	11	MAC-MW	DQ

**Boys 11-12 50 Yard Fly**

Name	Age	Team	Finals Time
1 Tate, Ryan T	12	SO-MW	28.34
2 Novinski, Daniel S	12	HG-MW	31.68
3 Smits, Eric D	12	MOST-MV	32.50
4 Tate, Sean J	12	SO-MW	32.73
5 Markham, Quincy C	12	SCM-MW	32.86
6 Vassal, Leon	12	GNST-MW	33.07
7 Chekal, Jacob A	12	GOAL-MV	33.25
8 Shudak, Caleb T	11	CBSC-MW	33.51
9 Singh, Nathan M	11	GOAL-MV	33.60
10 Kellen, Ben N	12	SO-MW	33.91
11 Watsabaugh, Jack J	12	SO-MW	34.04
12 Kelly, Patrick J	11	ACE-MW	34.44
13 Malashock, Jacob B	12	MOST-MV	34.75
14 Appleget, Ian W	12	GNST-MW	34.83
15 Hangren, Jacob W	11	GOAL-MV	34.88
16 Magee, Brian K	11	GOAL-MV	35.32
17 Luddy, Jack W	12	GOAL-MV	35.98
18 Hedrick, Jake A	12	CBSC-MW	36.03
19 Garofalo, Leo J	12	SO-MW	36.30
20 Lohr, Josh T	12	ACE-MW	37.36
21 Robbins, Nick P	12	MS-MW	37.75
22 Herchenbach, Tanner I	11	ACE-MW	37.90
23 Culjat, Lance W	11	MOST-MV	39.05
24 Mikuls, Kevin R	11	CBSC-MW	39.20
25 Price, Ryan J	11	CBSC-MW	41.03
26 O'Brien, Brenden K	11	CBSC-MW	41.55
27 Addy, William D	11	UN-HL-M'	43.13
28 Band, Neil B	11	MAC-MW	45.01
29 Kuhn, Trevor N	11	MAC-MW	45.85
30 Nurton, Joseph L	11	MOST-MV	46.01
31 Krajewski, Luke M	11	MAC-MW	47.67
--- Vavra, Austin M	11	MAC-MW	DQ
--- Schmidt, Kendall A	11	MAC-MW	DQ

**Boys 11-12 200 Yard IM**

Name	Age	Team	Finals Time
1 Tate, Ryan T	12	SO-MW	2:24.71
2 Tate, Sean J	12	SO-MW	2:31.02
3 Vassal, Leon	12	GNST-MW	2:36.02
4 Markham, Quincy C	12	SCM-MW	2:36.72
5 Smits, Eric D	12	MOST-MV	2:39.06
6 Singh, Nathan M	11	GOAL-MV	2:40.28
7 Malashock, Jacob B	12	MOST-MV	2:40.52
8 Robbins, Nick P	12	MS-MW	2:40.64
9 Kellen, Ben N	12	SO-MW	2:40.75
10 Hangren, Jacob W	11	GOAL-MV	2:41.21
11 Watsabaugh, Jack J	12	SO-MW	2:41.75
12 Novinski, Daniel S	12	HG-MW	2:42.01
13 Chekal, Jacob A	12	GOAL-MV	2:43.70
14 Hedrick, Jake A	12	CBSC-MW	2:44.36
15 Magee, Brian K	11	GOAL-MV	2:47.19
16 Lohr, Josh T	12	ACE-MW	2:49.41
17 Garofalo, Leo J	12	SO-MW	2:49.50
18 Culjat, Lance W	11	MOST-MV	2:50.95
19 Shudak, Caleb T	11	CBSC-MW	2:52.89
20 Appleget, Ian W	12	GNST-MW	2:54.41
21 O'Brien, Brenden K	11	CBSC-MW	2:58.08
22 Luddy, Jack W	12	GOAL-MV	3:00.09
23 Addy, William D	11	UN-HL-M'	3:08.81
24 Mikuls, Kevin R	11	CBSC-MW	3:17.78
25 Price, Ryan J	11	CBSC-MW	3:18.15
26 Kuhn, Trevor N	11	MAC-MW	3:30.26
27 Krajewski, Luke M	11	MAC-MW	3:47.02
28 Schmidt, Kendall A	11	MAC-MW	3:47.95
--- Nurton, Joseph L	11	MOST-MV	DQ