

Individual Top Times

Number of Top Times: 8 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
Girls 13-14 50 Free								
1	25.97 L	AAAA F	Amelia Knudson	14	BT MW	7/9/2025	Region VIII Speedo Summer Sectional	
2	27.17 L	AAAA F	Alice Ogura	14	SO MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
3	28.20 L L	AAA F	Caydence Spence	13	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
4	28.24 L	AAA F	Jordan Foster	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
5	28.77 L	AAA F	Shreeya Allam	14	UN MW	7/11/2025	2025 MW App Cornhusker State Game	
6	29.18 L	AAA P	Elise Knispel	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
7	29.34 L	AA F	Sanibel Miller	14	GOAL MW	6/26/2025	2025 MN AQJT Aquajets Summer Spec	
8	29.57 L	AA F	Danica Murphy	14	UN MW	7/11/2025	2025 MW App Cornhusker State Game	
Girls 13-14 100 Free								
1	58.18 L	AAAA P	Amelia Knudson	14	BT MW	7/9/2025	Region VIII Speedo Summer Sectional	
2	1:00.81 L	AAAA P	Alice Ogura	14	SO MW	7/9/2025	Region VIII Speedo Summer Sectional	
3	1:02.75 L	AAA F	Caydence Spence	13	ACE MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
4	1:02.86 L	AAA P	Jordan Foster	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
5	1:03.58 L	AAA F	Elise Knispel	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
6	1:03.87 L L	AA F	Evelyn Klappenback	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
7	1:04.09 L	AA F	Shreeya Allam	14	GOAL MW	6/27/2025	2025 MW LSS Capital City Classic	
8	1:04.49 L	AA F	Sanibel Miller	14	GOAL MW	5/9/2025	2025 IA DSMY May LCM Invitational	
Girls 13-14 200 Free								
1	2:12.56 L	AAA P	Alice Ogura	14	SO MW	7/9/2025	Region VIII Speedo Summer Sectional	
2	2:15.57 L	AAA F	Amelia Knudson	14	BT MW	5/9/2025	2025 SD SFST Ready for Long Course	
3	2:17.16 L	AAA F	Whitney Leach	14	SO MW	6/27/2025	2025 MW LSS Capital City Classic	
4	2:18.46 L	AA F	Evelyn Klappenback	14	GOAL MW	5/9/2025	2025 IA DSMY May LCM Invitational	
5	2:18.88 L	AA P	Sanibel Miller	14	GOAL MW	6/26/2025	2025 MN AQJT Aquajets Summer Spec	
6	2:21.58 L	AA F	Hailey Standish	14	UN-HU MW	4/26/2025	2025 MW GOAL Sprint Cup	
7	2:21.65 L	AA F	Caydence Spence	13	ACE MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
8	2:23.69 L	AA P	Olivia Enenbach	14	GOAL MW	6/26/2025	2025 MN AQJT Aquajets Summer Spec	
Girls 13-14 400 Free								
1	4:50.01 L	AA F	Whitney Leach	14	SO MW	6/27/2025	2025 MW LSS Capital City Classic	
2	4:50.35 L	AA F	Amelia Knudson	14	BT MW	5/9/2025	2025 SD SFST Ready for Long Course	
3	4:53.90 L	AA P	Evelyn Klappenback	14	GOAL MW	6/26/2025	2025 MN AQJT Aquajets Summer Spec	
4	4:56.99 L	AA P	Sanibel Miller	14	GOAL MW	6/26/2025	2025 MN AQJT Aquajets Summer Spec	
5	5:03.49 L	A F	Jordan Foster	14	HUSK MW	6/7/2025	2025 MW LSS Lincoln Invite	
6	5:05.97 L	A F	Olivia Enenbach	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
7	5:06.37 L	A F	Caydence Spence	13	ACE MW	5/2/2025	2025 MW SO Spring Classic	
8	5:06.79 L	A F	Jessica Fan	14	GOAL MW	5/2/2025	2025 MW SO Spring Classic	
Girls 13-14 800 Free								
1	10:17.74 L	AA F	Whitney Leach	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
2	10:18.50 L	AA F	Sanibel Miller	14	GOAL MW	6/26/2025	2025 MN AQJT Aquajets Summer Spec	
3	10:40.61 L	SA F	Nola Rubel	14	BSC MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
4	11:08.76 L	SBB F	Isla Lecci	13	BT MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
5	11:13.67 L	BB F	Elianna Calderon	14	GOAL MW	6/7/2025	2025 MW FAST Richard Blick LC Invite	
6	11:19.31 L	BB F	Adalyn Huerter	14	SCSC MW	5/2/2025	2025 MW SO Spring Classic	
7	11:40.66 L	BB F	Shreeya Allam	14	GOAL MW	5/2/2025	2025 MW SO Spring Classic	
8	11:42.72 L	BB F	Cambell Kline	14	GNST MW	6/21/2025	2025 MW App GNST Kearney Invite	
Girls 13-14 1500 Free								
1	19:48.88 L	AA F	Sanibel Miller	14	GOAL MW	5/9/2025	2025 IA DSMY May LCM Invitational	
2	20:09.84 L	A F	Nola Rubel	14	BSC MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
3	20:48.72 L	A F	Isla Lecci	13	BT MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
4	21:26.87 L	BB F	Adalyn Huerter	14	SCSC MW	5/2/2025	2025 MW SO Spring Classic	
5	27:10.94 L	F	Zoe Alexander	14	HG MW	6/21/2025	2025 MW App GNST Kearney Invite	
Girls 13-14 50 Back								
1	30.65 L	AAAA P	Amelia Knudson	14	BT MW	7/30/2025	2025 Speedo Junior National Champioi	

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2	31.69 L	AAAA	F	Alice Ogura	14	SO MW	6/27/2025	2025 MW LSS Capital City Classic	
3	32.20 L	AAA	F	Reese Rowan	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
4	32.24 L	AAA	F	Charlotte Kinsel	13	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
5	33.09 L	AAA	T	Shreeya Allam	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
6	33.53 L	AA	P	Piper Frederick	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
7	34.28 L	AA	F	Laney McDonnell	13	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
8	34.85 L	AA	P	Lila Pettit	14	BT MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
Girls 13-14 100 Back									
1	1:06.94 L	AAAA	P	Alice Ogura	14	SO MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
2	1:11.28 L	AA	P	Charlotte Kinsel	13	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
3	1:11.75 L	AA	F	Reese Rowan	14	HUSK MW	6/27/2025	2025 MW LSS Capital City Classic	
4	1:11.97 L	AA	F	Piper Frederick	14	HUSK MW	6/27/2025	2025 MW LSS Capital City Classic	
5	1:12.43 L	AA	F	Evelyn Klappenback	14	GOAL MW	6/26/2025	2025 MN AQJT Aquajets Summer Spec	
6	1:12.55 L	AA	P	Jordan Foster	14	HUSK MW	7/9/2025	Region VIII Speedo Summer Sectional	
7	1:13.85 L	A	F	Laney McDonnell	13	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
8	1:15.21 L	A	F	Shreeya Allam	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
Girls 13-14 200 Back									
1	2:32.57 L	AA	F	Alice Ogura	14	SO MW	6/27/2025	2025 MW LSS Capital City Classic	
2	2:33.75 L	AA	P	Amelia Knudson	14	BT MW	6/27/2025	2025 WFF Summer Explosion	
3	2:35.95 L	AA	F	Piper Frederick	14	HUSK MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
4	2:36.41 L	AA	P	Reese Rowan	14	HUSK MW	7/9/2025	Region VIII Speedo Summer Sectional	
5	2:37.77 L	AA	F	Caitlin Tank-Quackenbush	13	BT MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
6	2:41.30 L	A	P	Charlotte Kinsel	13	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
7	2:42.27 L	A	F	Nola Rubel	14	BSC MW	6/20/2025	2025 IA Waukee Waves Summer Invite	
8	2:44.28 L	A	F	Evelyn Klappenback	14	GOAL MW	6/7/2025	2025 MW FAST Richard Blick LC Invite	
Girls 13-14 50 Breast									
1	35.58 L	AAAA	P	Jordan Foster	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
2	36.85 L	AAA	F	Whitney Leach	14	SO MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
3	36.86 L	AAA	P	Nola Rubel	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
4	36.90 L	AAA	F	Olivia Enenbach	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
5	36.92 L	AAA	F	Lauren Lang	13	CBSC MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
6	38.56 L	AA	P	Evelyn Klappenback	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
7	38.58 L	AA	P	Sanibel Miller	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
8	39.05 L	AA	F	Marissa Krings	13	ACE MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
Girls 13-14 100 Breast									
1	1:20.20 L	AAA	F	Whitney Leach	14	SO MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
2	1:20.42 L	AA	F	Sanibel Miller	14	GOAL MW	6/26/2025	2025 MN AQJT Aquajets Summer Spec	
3	1:20.85 L	AA	P	Olivia Enenbach	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
4	1:21.68 L	AA	F	Jordan Foster	14	HUSK MW	6/27/2025	2025 MW LSS Capital City Classic	
5	1:21.72 L	AA	F	Nola Rubel	14	BSC MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
6	1:25.12 L	A	F	Lauren Lang	13	CBSC MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
7	1:25.87 L	A	F	Harper Lierz	13	SCSC MW	6/27/2025	2025 WFF Summer Explosion	
8	1:25.97 L	A	P	Evelyn Klappenback	14	GOAL MW	6/26/2025	2025 MN AQJT Aquajets Summer Spec	
Girls 13-14 200 Breast									
1	2:52.40 L	AAA	F	Whitney Leach	14	SO MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
2	2:54.48 L	AA	P	Nola Rubel	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
3	2:55.84 L	AA	P	Olivia Enenbach	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
4	2:59.59 L	AA	F	Cambell Kline	14	GNST MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
5	3:06.27 L	A	P	Harper Lierz	13	SCSC MW	6/27/2025	2025 WFF Summer Explosion	
6	3:07.29 L	A	F	Lauren Lang	13	CBSC MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
7	3:08.30 L	A	F	Jordan Foster	14	HUSK MW	6/7/2025	2025 MW LSS Lincoln Invite	
8	3:09.15 L	BB	F	Isla Lecci	13	BT MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
Girls 13-14 50 Fly									
1	27.96 L	AAAA	F	Amelia Knudson	14	BT MW	7/9/2025	Region VIII Speedo Summer Sectional	

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	Time		P/F/S	Name	Age/Yr				
2	29.23 L	AAAA	F	Jordan Foster	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
3	29.68 L	AAAA	F	Piper Frederick	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
4	31.11 L	AAA	F	Annmari Palumbo	13	GOAL MW	6/27/2025	2025 MW LSS Capital City Classic	
5	31.18 L	AAA	F	Elise Knispel	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
6	31.34 L	AAA	F	Sanibel Miller	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
7	31.57 L	AA	T	Zaylie Smith	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
8	31.62 L	AA	F	Nola Rubel	14	BSC MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
Girls 13-14 100 Fly									
1	1:05.57 L	AAA	F	Alice Ogura	14	SO MW	4/26/2025	2025 MW GOAL Sprint Cup	
2	1:05.64 L	AAA	P	Amelia Knudson	14	BT MW	7/9/2025	Region VIII Speedo Summer Sectional	
3	1:06.12 L	AAA	F	Jordan Foster	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
4	1:06.53 L	AAA	F	Piper Frederick	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
5	1:08.09 L	AAA	F	Elise Knispel	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
6	1:12.33 L	A	F	Nola Rubel	14	BSC MW	6/20/2025	2025 IA Waukee Waves Summer Invite	
7	1:12.54 L	A	F	Jessica Fan	14	GOAL MW	5/2/2025	2025 MW SO Spring Classic	
8	1:13.03 L	A	P	Danica Murphy	14	HUSK MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
Girls 13-14 200 Fly									
1	2:30.71 L	AAA	F	Elise Knispel	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
2	2:38.69 L	AA	F	Nola Rubel	14	BSC MW	6/27/2025	2025 MW LSS Capital City Classic	
3	2:38.84 L	AA	F	Piper Frederick	14	HUSK MW	6/27/2025	2025 MW LSS Capital City Classic	
4	2:59.59 L	BB	F	Isla Lecci	13	BT MW	6/27/2025	2025 WFF Summer Explosion	
5	3:10.00 L	B	F	Maisey Webben	13	HLA MW	6/7/2025	2025 MW LSS Lincoln Invite	
6	3:10.38 L	B	P	Zaylie Smith	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
7	3:28.65 L		F	Alexandra Villegas	14	HUSK MW	6/7/2025	2025 MW LSS Lincoln Invite	
8	3:29.02 L		F	Shreeya Allam	14	GOAL MW	6/7/2025	2025 MW FAST Richard Blick LC Invite	
Girls 13-14 200 IM									
1	2:28.75 L	AAA	F	Jordan Foster	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
2	2:33.93 L	AAA	F	Alice Ogura	14	SO MW	6/27/2025	2025 MW LSS Capital City Classic	
3	2:35.73 L	AA	F	Piper Frederick	14	HUSK MW	6/27/2025	2025 MW LSS Capital City Classic	
4	2:36.77 L	AA	F	Elise Knispel	14	GOAL MW	6/26/2025	2025 MN AQJT Aquajets Summer Spec	
5	2:36.89 L	AA	F	Evelyn Klappenback	14	GOAL MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
6	2:38.11 L	AA	F	Nola Rubel	14	BSC MW	6/27/2025	2025 MW LSS Capital City Classic	
7	2:40.01 L	AA	F	Caydence Spence	13	ACE MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
8	2:41.02 L	AA	P	Olivia Enenbach	14	GOAL MW	6/26/2025	2025 MN AQJT Aquajets Summer Spec	
Girls 13-14 400 IM									
1	5:27.90 L	AAA	F	Elise Knispel	14	MW MW	7/31/2025	2025 Central Zone 14 & Under Champi	
2*	5:30.88 L	AA	F	Amelia Knudson	14	BT MW	5/9/2025	2025 SD SFST Ready for Long Course	
2*	5:30.88 L	AA	F	Nola Rubel	14	BSC MW	6/27/2025	2025 MW LSS Capital City Classic	
4	5:31.02 L	AA	F	Whitney Leach	14	SO MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
5	5:43.94 L	A	F	Alice Ogura	14	SO MW	5/2/2025	2025 MW SO Spring Classic	
6	5:46.83 L	A	F	Piper Frederick	14	HUSK MW	6/27/2025	2025 MW LSS Capital City Classic	
7	5:47.34 L	A	F	Caitlin Tank-Quackenbush	13	BT MW	7/18/2025	2025 MW Midwestern 13 & O Long Coi	
8	5:47.50 L	A	F	Olivia Enenbach	14	GOAL MW	4/26/2025	2025 MW GOAL Sprint Cup	